

2025 TRAINING DIRECTORY



About Us



AMOVITA INTERNATIONAL is a leader in global strategy, coaching and consulting services. With our head office in South East Queensland we travel across Australia and internationally offering a range of strategic and business solutions, along with 180 training programs and courses in leadership, neuroscience and organisational excellence.

Known for our unique business approach, we incorporate Blue Ocean philosophy and neurosocial principles. Our focus is to inspire people and business excellence. Amovita's vision to move into an uncontested space providing consulting services across our three divisions offers a partnership approach for our clients.

Our client portfolio spans Corporate, Government, non-Government and the business sectors. Testament to our excellence, Amovita has been recognised as an Australian Leader in business consecutively winning the 2023, 2019, 2018, 2015, 2014, 2013, 2012 and 2011 Australian Business Award.

Our team are the best in their fields of expertise and have been selected for their commitment to providing the highest quality services, dedication to ongoing development and for their entrepreneurial mindset. We have found that having a team of professionals with a background and expertise in business leadership, psychology, social work, counselling, neuroscience and human services, enables us to provide tailored services to meet our client and customer needs.

Our Training Directory has an impressive array of training workshops, courses and programs. These range in neuroscience in leadership, organisational capability and professional excellence.

Our Being



Meaningful & Intentional

We endeavour to be masterful in delivering a range of innovative and entrepreneurial consulting & design services. We are real and professional and our authenticity is evident in all we do.

Nurture & Nourish

We enjoy what we do and positive energy is in our being. We engage wellbeing to refuel and reinvigorate regularly.

Possibility & Vibrancy

We choose to be highly positive, engaging and caring about people. We bring a high level energy to our work and see what we do in our daily lifestyle.

Critical Thinking

Collaboration and partnerships are important to us. We go beyond and our passion and wanting to give back is what drives us to achieve.

Our Global Consulting Services

1. Business & Strategy

- Blue Ocean & Global Strategy
- Management & Business Consulting
- Corporate & Executive Coaching
- Organisational Design
- Leadership Supervision & Coaching

2. HR Advisory Services

- Workplace Employee Support Service (WESS/EAP)
- Workplace Dispute Resolution (Mediation)
- Workplace Investigations

- Psychological First Aid – Critical Incident Debriefing
- Performance Consulting and Coaching
- Return to Work Programs
- Outplacement Support and Off/On Boarding
- Recruitment and Interviewing – Panel Chairing
- HR Advisory, Industrial & Legal Service

3. Inspire Training & Professional Development

Amovita offers a range of customised training programs and courses suited to your business and organisational needs. Our training has been designed based on quality curriculum and learning principles that enable participants to effectively integrate new skills and learning from the training back into the workplace. Our training is informative, interactive and designed on the latest research and evidence base. We provide both public and in-house training, in person and on-line.

To maximise the transfer of learning process, we provide follow up and coaching options to ensure a premium training experience.

Our Suite of Training Programs Include:

- On-line Training Programs
- Educational Resources & Videos
- Masterclasses
- Train the Trainer Programs
- PASE® and Leadership Accreditation Program
- In Person, On-line and Self Paced
- Manuals
- Books/Texts
- Journal articles
- Individual and group training and masterclasses
- Presentations
- Guest speaking
- Key note addresses

The Amovita Difference

Research suggests that only 10-13% of learning from training is transferred back into the workplace. Amovita understands the principles of learning theory and how to provide a positive learning experience for participants to maximise the transfer process.

Amovita provides professional development training programs for the corporate and business sectors and specialist training for the human and community services sector. The majority of our training programs include a full colour manual to be used as a valuable resource and reference from the training.

Our trainers and facilitators engage in regular professional supervision and coaching to ensure they remain up to date with the latest research and information when facilitating training. We participate in ongoing professional development to continually develop and present at conferences on their latest research and practice.

Benefits of Engaging Amovita

- Our professionals are highly qualified specialists in their field of expertise.
- We work with you to develop specific and specialist training to meet your needs.
- Organisations have access to the facilitator for pre and post training support.
- We offer on-line webinars post the training to provide support during the integration process.
- We have a comprehensive pre-training process to prepare participants for the training.
- We support participants to integrate information from the training back into their role.
- We save you time and resources by traveling to you, we can provide training on and off-site.
- We can customise a training service or program to suit your needs and budget.
- We frequently travel to ensure your organisation or business receives a responsive service.
- We can observe your staff in the workplace to ensure training is integrated successfully into their workspace and role.
- We can evaluate the integration of training into the workplace to ensure staff value the training.
- We engage in research and development to ensure we use the latest research and evidence base to include in training.
- We support organisations with an implementation plan to maximise training outcomes in the workplace.
- We present at local and international conferences to maintain currency in our knowledge



Affiliate Partners

- Hall McMasters & Assoc
- Blue Ocean Global Network
- Herrmann Brain Institute
- University of South Australia
- MyBio.life
- Crick Construction
- Taylor & Francis
- Daniel Morcombe Foundation
- Routledge
- Tracey Harris Global
- Our Affiliates are an important partner in our team. Our Foundation works alongside some of our partners as a way to give back to our local communities



Customised Learning

Amovita co-designs and customises training to meet the specific needs of your organisation or business. Benefits of our customised learning includes:

- We can provide training programs in a retreat setting, maximising the energy of the team which can re-energise team culture and values.
- We survey your team prior to the training to increase participants interest in the training topic.
- We have the knowledge and expertise in the topic area and know how the value of the training is transferred into your workplace.
- Programs are developed to ensure learning has an effective impact on your team or workplace.
- Presentations are interactive and experiential to maximise staff engagement.



Your Learning Investment

All public training are inclusive of course fees, manuals, materials, handouts and catering, unless otherwise advised.

You receive:

- Pre and Post training information
- An electronic certificate of attendance/completion
- Relevant resources, handouts, manuals, tools and training materials
- Healthy food with limited dietary requirements catered for
- Qualified, positive and high performing presenters
- Complimentary follow up and where relevant



Cancellation Policy

We would love to see you at training, however we understand things come up that prevent attendance. As we have contracts with venue's and suppliers, unfortunately we have a cancellation policy.

Cancellation fees are:

- 31 calendar days prior: no cancellation fee
- 26-30 calendar days prior: 40% cancellation fee
- 16-25 calendar days prior: 75% cancellation fee
- 8-15 calendar days prior: 85% cancellation fee
- Under 7 days prior: 100% cancellation fee
- Non-arrival: 100% cancellation fee*

* If a staff member cannot attend the training, the organisation is welcome to send a replacement. Where participants arrive on the day, dietary requirements cannot be provided. Amovita is committed to positive customer service and dedicated to delivering our training programs according to our training calendar; however there may be circumstances when we have to cancel or postpone training. Where this occurs, we will notify you as soon as possible and you will not be charged any cancellation fees and you will be issued with a credit to re-attend the training at a later date.



Refund Policy

Please select your training course carefully as refunds are not provided where you have changed your mind within the 30-day cancellation policy period.

Please review your registration prior to submitting it. Amovita does not reimburse any other costs associated with your attendance at training which includes, but is not limited to travel, parking, accommodation, salary or wages.



Dietary Requests

Where possible, we endeavour to cater for the following dietary requirements:

- Vegetarian, gluten free and dairy free

If you have dietary requirements outside of these, there are 2 options:

- Please feel free to provide your own food
- Pay a \$35* catering surcharge



How to Register

Registering for our engaging and dynamic training program's can be through email, to info@amovita.com.au or training@amovita.com.au.

Once registration has been received, you will an email confirming receipt your training registration and specific details of your chosen training.

We encourage participants to book travel after confirmation of attendance email has been received from our Inspire team to ensure training numbers are confirmed.

Once we have received your registration and your place has been confirmed, an invoice will be issued to your accounts department for payment prior to attending the training.



Making Payments

All training registrations need to be remitted prior to attendance at the training.

An invoice will be issued approximately 3-4 weeks prior to the training presentation date for payment prior to attending the training. All training costs are excluding GST, your invoice will show the unit cost plus the GST component.

Payment options also include Direct Debit and Credit Card Payments. Where credit card payments are made we only charge a 1.5% surcharge.



Program Outlines

THE EXCITING BIT...

Our Suite Of Professional Training



Developing & Maintaining a Framework For Professional Excellence

Professional Excellence Frameworks (PEF) are a conceptual representation of the key components that maintain high performance. It is a visual framework that guides how we work with each other, clients, colleagues, the organisation and other professionals in the workplace. It is consistent with the vision, standards and mission of the organisation and is aligned with the employee's role and position description. It is an important framework that incorporates a comprehensive overview of training, qualifications, life experiences, techniques, skills, beliefs and models to bring about a holistic way of working. Having a professional excellence framework encourages a higher level of awareness review of how we engage in a professional role.

In this 4-hour training presentation, participants develop a professional excellence framework through 6 key components.

Participants explore development of their own framework, where and what they draw from to undertake their role. The training includes how to maintain a professional excellence framework over time.

By the end of the 4-hour training program, participants will explore development of their own PEF.

Learning Outcomes:

- Understand components of a Professional Excellence Framework
- Explore how a Professional Excellence links to any role
- Understand how to self-reflect on components of the framework
- Assist participants to develop and maintain a framework for high performance outcomes
- Understand the impact where a Professional Excellence Framework is not in place
- How a Professional Excellence Framework impacts on performance and wellbeing

Suitable For:

Coordinators, Managers, Team Leaders, Program Managers, all staff.



Delivery Method & Investment

Face to Face - Half Day	\$300
On-line - Half Day	\$300

2

Making Evidenced Informed Decisions

Have you ever considered how you make effective decisions? What process do you follow and where do you start your decision making process from? The key to sound decision making lies in the process of critical thinking, reflection and logic. We process thousands of thoughts daily and process up to 3000 bits of information a second. The process we undertake to make decisions is complex.

This half day training explores the principles of ethics and how we make sound decisions. We focus on what impacts good decision making and how to develop a clear process and rationale when you make good decisions. The training explores the impact of stress and overuse of technology on decisions and focusing on how to maintain cognitive and emotional fitness for good decisions.

We explore how we make inferences and assumptions that cloud good decisions. We discuss how to develop a well defined decision making framework that maintains boundaries and informed consent.

We discuss maintaining professional boundaries and how to increase ethical awareness in the decision making process. Participants explore and develop their own decision-making framework and demonstrate how to use it in their role to maintain professional outcomes.

Learning Outcomes:

- Understand where we make decisions from.
- Understand the process of informed consent.
- How to develop an ethical decision framework
- Confidentiality and duty of care
- The impact of reflection and critical thinking.
- Understand ethical standards
- The practice of decision making
- The influence of culture on decision making

Suitable For:

All Professionals, Staff and Leaders.



Delivery Method & Investment

Face to Face - Half Day	\$300
On-line - Half Day	\$300

3

Neurocare & Wellbeing A Recipe for Resilience

We often work in stressful situations and when exposed to cumulative and repeated stressors, recovery takes longer. Understanding the neuro science behind wellbeing and how to engage key principles for resilience is crucial to minimising professional exhaustion, stress and burnout. It is important for all workplaces to have a recipe for resilience to maximise wellbeing outcomes.

We discuss the stages of stress and overview what the cumulative factors that impact resilience markers. The training includes the accumulative impacts when resilience is affected.

We consider how biases, self-talk, beliefs and unconscious scripts impact resilience and we overview the key skills and techniques to minimise the risk of professional fatigue and burnout. We explore how to develop healthy workplaces to maintain resilience.

This training reinvigorates participants through the development of a professional wellbeing plan. This training is offered as a half and one day program.

1 Day Training Includes:

- Understand the neuroscience behind self care and wellbeing
- Understand how to challenge limiting self-talk thinking in daily practice
- Explore self-care and neuroscience approaches to reduce vulnerability in the workplace
- Understand how to develop a healthy workplace
- Explore the impact of emotional contagions across the team
- The relationship between vulnerability and resilience
- Coping frameworks and preferential thinking patterns
- How to engage personal accountability measures
- How beliefs and values impact on professional identity
- Attentional intelligence and mindset for wellbeing
- Understanding the polyvagal system for self care



Delivery Method & Investment

Face to Face - Half Day	\$300
On-line - Half Day	\$300
Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Half Day (4 Hours) Learning Outcomes:

- How to increase resilience markers
- Understand how to challenge self-talk thinking to increase self care
- Explore self-care and neuroscience approaches
- Understand how to develop a brain friendly workplace
- Explore the impact of self-talk and emotional contagions across the team

Suitable For:

All Professionals, Leaders And Managers.

4

Shining in Interviews Winning the Perfect Role

Interviews can produce a cold sweat even for the most experienced professional. Do you sometimes 'freeze' in interviews, struggle to think of the perfect answer in the moment, know how to respond to multi-level questions, or struggle to answer a question when unsure of the answer.

Have you been in interview and found it difficult to make a connection with panel members or lacked confidence once the interview commenced?

This 1-day training is a must for any professional preparing for interview. The training provides participants with a clear framework and formula for winning the perfect role. We explore how to prepare for interview and feel confident in any situation.

The Training Explores:

- How to prepare for interviews
- What to take into interview
- How to answer different types of questions
- How to respond to multi-level questions
- The art of responding to a question when you are not sure of what the panel is looking for
- How to remain cool under pressure
- What examples to provide and when
- How to recover when going blank
- How to positively engage the interview space
- Responding to different interview modes
- How to write an impressive CV/resume
- Know what questions to ask the panel
- How to respond to post interview feedback
- What to ask in post interview feedback
- What to research in preparation for interview
- Preparing your CV and responses for interview
- How to provide information in interview

Learning Outcomes:

- Keeping cool under pressure
- How to respond to different question types
- Looking and feeling confident in interviews
- What to take into interview and what not to take
- Responding to scenarios
- Provide political responses in interview
- Understand how to write an impressive CV/ resume and Bio-Summary

Suitable For:

Anyone wanting to win their perfect role; individuals seeking to change role or career focus, professionals affected by organisational restructures

Post Training:

Amovita provides up to 2 interview coaching and support sessions post the training. Participants from the training receive a discount. Please use Code: "#AICoach2."



Delivery Method & Investment

Face to Face - Half Day	\$300
On-line - Half Day	\$300
Face to Face - 1 Day	\$480

5

Effectively Engaging Your Employee Assistance Program (EAP) Provider

Most workplaces understand the importance of having a quality EAP provider, however staff are often unsure of who their provider is. EAP services provide range of services and programs that promote neurocare and psychosocial support to staff to remain well in the workplace.

Amovita provides a range of EAP services and offers training about how to engage your EAP provider effectively.

Our half and 1-day training workshop explores how to get the best from your EAP provider. We discuss what to include in your EAP contract and best practice in reporting processes. We discuss how to respond to EAP tenders and the training includes a framework for communicating with your EAP provider, reporting processes, referral management and engaging specialist services. Participants also consider what to discuss in annual meetings with the provider to ensure services remain effective.

The training includes an overview of the contemporary contexts in which EAP services occur, and the range of generalist and specialist interventions and approaches you can expect from your EAP service provider. The training explores how reporting can link to HR processes so statistics are meaningful and purposeful.

Learning Outcomes:

- What to look for in an effective EAP service
- How to tender for your own EAP service
- Develop an effective communication process with your provider
- Understand quality reporting
- How EAP links to HR reporting
- How to develop an effective partnership model with your provider
- What an EAP referral process entails
- Understanding the importance of Manager's referrals
- Linkage to ongoing specialist counselling services
- How to develop a quality EAP contract
- How to resolve issues when they arise

Suitable For:

Leaders, Managers, Directors, HR leaders & Business Partners, Business Owners, CEO's, Coordinators.



Delivery Method & Investment

On-line - Half Day	\$300
On-line - 1 Day	\$480
Face to Face - 1 Day	\$480

Leading a Trauma Responsive Organisation

Traumatic events can have an ongoing impact on our lives and work. Organisations are often challenged by how to lead teams using trauma responsive practices given systems and processes are often focused on outputs and accountability that impact productivity and performance. Parts of the organisational system often do not work cohesively together, often in silos that increase cumulative stress responses.

Developing and leading trauma responsive organisations increase staff wellbeing and performance. For organisations and workplaces to be trauma responsive, the systems in which services are provided need to incorporate positive neuro-care principles. Trauma responsive organisations are highly positive, and have quality systems that lead teams using a values based culture. Having a trauma responsive organisation, ensures that organisational systems know how to maintain wellbeing in the workplace. The infusion process we discuss in the training enables organisations to adapt to be trauma responsive.

This training provides the latest practices on how to develop and lead a trauma responsive organisation. We explore how to set up an organisational eco-system that enables trauma responsive policies and procedures are in place. We discuss the importance of trauma responsive HR and performance practices and how to infuse neuro-care into the workplace.

This training focuses on trauma responsive principles to develop a values based culture, promote psychological security, certainty, and epigenetics across the organisational system. This training is crucial for all workplaces to consider the future of having trauma responsive organisations.

Learning Outcomes:

- Understand the principles of trauma responsive organisations
- Explore the impact of fear based systems that increase uncertainty and limit safety and security for staff
- Know where to start developing a trauma responsive organisation
- Explore how to change systems and processes to be trauma responsive
- Develop a trauma responsive leadership framework
- The impact of language and epigenetics that keep organisations from being trauma responsive
- Evaluate the organisations success in being trauma responsive

Suitable For:

Business Owners, CEO's, Directors, Managers, Leaders, HR Managers, Board Directors, Management Committee Chairs.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

The Black Ops Of Tender Writing

Does your organisation or business apply for funding through local, state or national funding bodies or government agencies? Are you a provider under the NDIS or looking to tender for new contracts or services? Are you wanting to review and learn new strategies for your tender writing process so you can stand out from your competitors? Do you analyse your tender documents and processes to submit the best tender application? All these questions are answered in our one day training program on tender writing.

This 1-day tender writing workshop provides the practical skills and tools needed to analyse, design and submit winning tenders. The training explores practical aspects of writing a winning tender, how to position your organisation or business competitively and understand the techniques and skills required to write key selection criteria. Participants discuss how to pitch their message in the tender process including brand recognition.

We explore how to analyse tender documents and create a story that ensures the tender panel notice your submission. We provide a clear and comprehensive framework along with relevant case studies in which to develop an organisational profile.

The training outlines common mistakes that organisations make in responding to tenders and the do's and don't s in the tender analysis and writing process. We review how to communicate your information with influence and persuasion, how to put together a winning tender team and how you can leverage existing and new partnerships

Participants receive a range of tools and resources to use in the organisation or business that will be valuable in any tender process.

1 Day Training Modules:

- Analysing tender documents
- Setting up the perfect tender team
- Analysing tender requirements
- Writing tenders for success
- How to appropriately address tender criteria
- Branding and positioning your tender
- Use of language as a powerful tool in tenders

Learning Outcomes:

- Use relevant and appropriate language to write a successful tender
- Successfully address tender criteria to meet tender requirements
- Interpret tender documents and guidelines
- Position your organisation as a competitive option
- The important use of language to convey skills and talents of the organisation
- Understand communication strategies about the organisation's uniqueness
- Develop a clear tender writing approach

Suitable For:

Tender Writing Teams, Leaders, Managers, Business Owners, Executives, CEO's, Board Directors.



Delivery Method & Investment

Face to Face - 1 Day	\$480
----------------------	-------

Accidental Counsellor Training - First Responder

Knowing what to say and how to respond to others in crisis can feel daunting. We may be the first person to pick up the phone or come across someone who has experienced a traumatic incident. In these situations, it is common to be the first person to respond or take on the role of an Accidental Counsellor. When faced with these situations, it is important to feel equipped with foundational counselling and communication techniques to respond effectively.

Our ACT training has been designed for people not employed in the role of a trained counsellor. We explore the key counselling techniques to use in different situations, what to respond to, and how to interact and communicate when someone has experienced a traumatic event. The training discusses how to reduce the impact of stress in an accidental counselor role and the importance of debriefing and self care.

The aim of this training is to support participants to develop a useful ACT framework and to understand the vicarious impacts of stress in the role. This training provides participants with specific skills and tools to respond to others as the first point of contact when no trained counsellor is available.

1 Day Modules:

- Understanding stress and the art of bounce-ability
- Engaging effective communication skills as an accidental counsellor
- Managing endings and engaging self care

2 Day Modules:

- Understanding stress and the art of bounce-ability
- Engaging effective communication skills in the ACT role
- Managing endings and engaging self care
- Assessing need, urgency, risk, safety and responding appropriately
- Setting the parameters as an accidental counselor
- Developing a framework for accidental counselling

Learning Outcomes:

- Be aware of the impact that distress and crisis has in the workplace
- Understand the art of bounce-ability and the impact of vicarious energy
- Learn how to respond to others in stressful situations
- Understand how personal beliefs and values influence your communication style
- How to assess urgency and risk in responding
- Recognise when someone is in distress or crisis
- Develop an appropriate risk assessment framework
- Develop basic counselling skills
- Know the difference between effective communication and counselling
- Be aware of ethical dilemmas and how to respond appropriately
- Maintaining professional boundaries
- Develop effective communication skills & the use of language
- Develop an ACT framework

Suitable For:

All Staff, Receptionists, Administration Staff, Leaders and Managers.



Delivery Method & Investment

Face to Face - 1 Day	\$480
Face to Face - 2 day	\$880

Mastering Assertive Interactions In The Workplace

Communicating confidently and effectively in the workplace is an essential skill. Learning the art of being positively assertive takes a range of communication and interpersonal skills.

This training provides participants with a practical toolkit to communicate with influence in a range of situations. We discuss how to master the skill of being assertive in different circumstances by engaging natural assertive styles. The training explores the power of language in different workplace scenarios and we discuss the role of language and messaging to be heard and understood.

Participants reflect on the impact that certain communication styles and behavioural approaches can have in the workplace and we explore our five-level assertiveness framework. The training assists to develop an understanding and appreciation of the different levels and types of assertiveness using negotiation and mediation skills for successful outcomes.

We explore the barriers to being assertive and the underlying assumptions that challenge the assertive process. This training is practical and provides participants with the confidence to develop assertiveness to feel more confident in the workplace. This training also supports participants to communicate more effectively with high conflict personalities. Participants are also provided with the opportunity to practice the techniques and skilled in the training.

1 Day Training Modules:

- What it means to be assertive
- Types of assertiveness
- Values and beliefs that block assertiveness
- Understand different behavioural styles
- Explore natural assertive styles
- The power of language
- Successful negotiations
- Regulating emotions for successful outcomes
- Empower others in the assertive process

Learning Outcomes:

- Identify behavioural styles and how they impact on working relationships
- Identify your own natural assertive style, applying techniques in a range of work situations
- Identify appropriate communication strategies and utilise specific techniques in work situations that require assertiveness
- Manage conflict and how to assert with empathy
- Negotiate to achieve mutually beneficial outcomes
- Utilise effective ways of advocating for self and others
- Influence others using an intentional language framework
- Motivate others through persuasion and influence

Suitable For:

All Staff, Managers, Leaders, Directors, CEO's, Board of Directors.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Applied Principles In Case Note Recording

Case management practices require staff to apply high level principles around documenting case notes. Case notes can be subpoenaed as part of the case management process, so it is important that case note authors understand the skills required to write professionally.

This 1 and 2 day training explores the contexts in which case note writing has become a professional skill. The training overviews a framework for applied writing skills and takes participants through several case studies as a way to highlight the skills and principles of applied writing.

Participants use the REASON Case Note Writing Framework as they focus on the importance of language; what to include and leave out of case notes; the art of using ‘professional speak’ and how to clearly evidence different approaches and frameworks. We explore how to theme particular practices in case notes and how to write case notes for the legal context.

1 Day Training Modules:

- Principle 1: Skills and techniques of writing
- Principle 2: Using an intentional language framework
- Principle 3: Ethical excellence and legal processes
- Principle 4: Reflection and insight in the writing process
- Principle 5: Evidenced best practice in writing
- Principle 6: The art of attuning information

* In the 2-day training, participants may engage in having their case notes examined using a simulated legal cross examination process. The 2-day training also includes use of a case note capability framework for examining case note writing.

Learning Outcomes:

- Understand the legal and ethical requirements in case note writing
- Understand a language framework to engage best practice in case note writing
- Identify and select relevant and purposeful content for case notes
- Understand the importance of accurate, objective and evidenced based case notes
- Engage an articulate structure using clear and concise language
- Distinguish between facts, suggestions, recommendations and opinions
- Gain an understanding of relevant legislation and acts that impact on case note writing
- Understand case note writing within a case note capability framework

Suitable For:

Case Coordinators, Managers, Team Leaders, Program Managers, Youth Workers Residential Care Workers, Family Support Workers, Front Line Human Service Professionals. All Staff Working Directly with Clients



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880

Establishing & Maintaining Professional Boundaries

Boundaries are fundamental to being professional, and maintaining a professional identity. They guide us in our work and help others understand the boundaries of professional relationships. They protect us from fatigue and burnout and reduce the impact of vicarious stress. Given we work in such complex environments, it is important to stop regularly to reflect and understand what professional boundaries need to be in place.

This training explores the ethics of how to manage different situations when we are at risk of crossing boundaries. We explore personal and professional boundaries that influence our work and discuss healthy and poorly developed boundaries. In this training participants develop a professional boundary framework for the workplace.

1 Day Training Modules:

- Defining the boundary space
- Developing a professional identity for boundaries
- Crossing Professional Boundaries
- Maintaining Professional Boundaries

2 Day Training Modules:

- Defining the boundary space
- Developing a professional identity for boundaries
- Developing a Professional Boundary Framework
- Defining boundaries in different contexts
- Having an evidence informed approach to boundaries

Learning Outcomes:

- Demonstrate an understanding of personal and professional boundaries
- Understand why boundaries guide our work and practices
- Understand what professional framework interface with professional boundaries
- Know what it means by ‘crossing a professional boundary’
- Know how to develop and maintain professional boundaries
- Relate professional boundaries to organisational policies and procedures
- Work ethically and professionally using professional boundaries

Suitable For:

Case Coordinators, Managers, Team Leaders, Program Managers, Youth Workers, Residential Care Workers, Family Support Workers, Front Line Human Service Professionals, All Staff Working Directly With Clients Or Service Users.



Delivery Method & Investment

Face to Face - Half Day	\$300
On-line - Half Day	\$300
Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

YES Minister: Communicating Strategically With Members Of Parliament

Many organisations and businesses work closely with their state and federal member of Parliament to highlight topical issues in their local electorate, or advocate on behalf of their organisation around different topics or issues. Knowing how and what to communicate to your State or Federal Member of Parliament or Minister can make a difference about how you get your message across. Understanding the key messages to articulate when meeting with an MP's, Opposition Members, Minister or Governmental Officials in meetings is crucial.

Ministers and Members of Parliament are busy professionals and being clear and articulate in your message can mean the difference between getting your topic on the political agenda or it getting lost in the white noise. Being able to connect strategically and understand what is on the policy agenda, the contextual nature of the political environment and where to pitch your message is crucial.

This 1-day training explores how to convey your message accurately and concisely and how to promote your business or organisation in the political environment. The aim of this 1-day training presentation is to equip participants with the knowledge, skills and tools to be a key and proactive player in the political and organisational environment.

The facilitator of this workshop has worked at a senior ministerial level showing you first hand the tools and skills to engage with government and politicians effectively. We show you how to prepare for the all-important meeting with an MP or Minister, for community cabinet forum meetings, learn the art of writing articulate and clear media releases, briefing notes, ministerial reports and other key ministerial documentation.

1 day Training Modules

- Develop a framework for engagement with your local Member of Parliament
- Understand how to effectively engage MP's, Ministers, Opposition Members and Government Officials
- Understand the contextual machinations of government
- Understand the role and importance of strategic communications in the political arena
- Explore the importance of strategic communication skills
- Develop a key communication strategy for MP's, Ministers and government officials
- Understand the context in which particular roles operate within an MP's and Ministers office
- Learn what key words, statements and phrases are vital for impact and influence
- Explore the role and influence that Hansard can play in getting your message across
- Understand how ideological perspectives influence discussions

Suitable For:

Managers, CEO's, Executive and Managing Directors, Board Directors, Peak Organisations, Business Owners, Management Committee Members.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Resolving Disputes In The Workplace: How to Mediate Effectively

Research suggests the cost of conflicts in the workplace results in loss of work productivity, sick leave, increased staff turnover and ongoing stress. Resolving conflict in the workplace can feel like a military operation requiring heavy lifting. It requires high level planning, precise execution and focus. The key to resolving conflict in the workplace is having a clear framework and process.

This 2- day training explores the latest research about conflict in the workplace and provides participants with the necessary skills and knowledge to effectively manage conflicts and disputes. We look at the practice of conflicts and how people position themselves in conflictual situations. The training also focuses on the industrial nature of conflict and provides an overview of the latest changes to WHS legislation. We discuss how conflict locates itself in the workplace and how to mediate in different situations for example, where people are experiencing personal and professional challenges, trauma, behavioural issues and diminished performance.

We provide a valuable framework to understand the contexts in which conflict takes place and how values and beliefs impact and influence conflict typology. The training provides the necessary conflict resolution and negotiation skills to manage simple misunderstandings to highly complex workplace disputes. The training also equips participants with key mediation skills to manage situations and when to engage external professionals.

2 Day Training Modules:

- Reasons why conflict occurs
- The typology of conflict
- Critical thinking in conflict
- Negative impacts of conflict
- Conflict layers/components of conflict
- Location and styles of mediation and conflict
- Technical communication skills
- The Speed of trust (Covey)
- Pre-conditions for successful negotiation
- The mediation role/mediation skills
- Developing a mediation framework
- Barriers to effective and sustainable outcomes
- Ethical and industrial best practice in mediation

Learning Outcomes:

- Explore how beliefs and values influence and impact when conflict arises
- Explore and understand conflict typology
- Learn how to communicate effectively with different questioning frameworks
- Learn how to evoke clear negotiation and resolution skills
- Explore about high conflict personalities
- Develop and implement a mediation framework for effective outcomes
- Creating sustainable mediation agreements
- Learn how our mindset and emotions influence professional relationships
- Explore neuroscience and stress
- Explore the art of brain friendly conversations that create effective outcomes
- Understand the pre-conditions that assist in the mediation process
- Setting the ethics and morals when conflict arises

Suitable For:

HR Professionals, Culture and Change Management Professionals, Managers, Team Leaders, Business Owners, Program Managers, CEO's, Executives, Leaders, Supervisors, Staff and Employees in any workplace.



Delivery Method & Investment

Face to face - 2 day	\$880
On-line - 2 day	\$880

Motivational Interactions: Deepening Conversations For Change

Motivational interaction (MI) techniques have been researched and practiced for over thirty years, and in recent times MI is used more broadly both in supporting staff performance and behavioural change as well as working with clients.

This 1 and 2 day training presentation focuses on the work of Dr. William Miller (co-founder of MI) and Ken McMaster (MI specialist) from New Zealand.

We explore: the principles of MI, how to build the case for change, managing resistance and stuckness, how to assess ambivalence and amplify changes, and provide a supportive environment for change. We explore how to evoke change in the workplace when people are pre-contemplative or change resistant.

We refresh the language around change through neurocare principles and provide participants with a range of useful tools and resources to work with staff and clients in the change process.

1 Day Training Modules:

- Introduction to MI
- Principles of MI
- Components of MI
- How to evoke and collaborate for change
- Developing discrepancy
- Building the case for change
- Practicing MI stages of change
- Practicing MI principles

2 Day Training Modules:

- Introduction to MI
- Principles of MI
- Components of MI
- How to evoke and collaborate for change
- Understanding expressed empathy
- Developing discrepancy
- Building the case for change
- Stages of change

- The process of MI change
- The process of decision making
- The power of language in MI
- Technical communication skills in MI
- Practicing MI skills

Learning Outcomes:

- Understand the principles, skills and knowledge base of MI
- Engage technical communication skills in the MI process
- Understand how to build readiness for change
- Learn a number of tools to support the MI framework
- How to deal with resistance and reluctant clients
- Engaging the process of MI
- Dealing with ambivalence, engaging the process of Change Talk
- Engaging the MI FRAMES Framework

Suitable For:

Front line staff, Managers, CEO's, Executives, Program Managers, Coordinators, Team Leaders, Leaders.



Delivery Method & Investment

Face to Face - 1 Day	\$480
Face to Face - 2 Day	\$880

Blue Oceaning Your Organisational/Business Strategy

Blue Ocean strategy is a well researched framework developed with over 150 companies across 30 industries to find what their competitive advantage was in saturated markets. The Blue Ocean method has been adopted by hundreds of organisations and businesses, including start-ups, not for profits and governments throughout the world. Businesses that have used the Blue Ocean framework include Nintendo, Yellow Tail Wines and Cirque Du Soleil. The authors and researchers are now recognised with awards including a Nobel Colloquia Prize and being named world's No.1 Business Strategy Thinkers (Thinkers50).

Workplaces now operate in the fastest moving time in the history of time. Disruption is the norm where is it important for organisations and businesses to engage in divergent and creative thinking on a regular basis. Blue Ocean Strategy Planning is designed to help your organisation or business create innovative and strategic thinking and cease competing in a saturated market place. This strategic workshop creates a space for divergent thinking and enables participants to engage a high-performance mindset.

This 2-day strategy workshop explores the principles of Blue Ocean, how to engage the strategy in your own business or organisation and we explore a range of tools and resources to effectively develop and evaluate your own strategy. We discuss how to apply the tools and methodologies of Blue Ocean to break through conventional thinking and bring a Blue Ocean mindset across your organisation or business. This workshop is highly experiential and explores different case studies to demonstrate the tools. There is also an opportunity to engage in further coaching to optimise implementation of the Blue Ocean approach post the workshop. This can be provided individually or in a group context.

Follow Up Coaching:

In the 2 months following the workshop, participants will be encouraged to attend up to 2 x 1 hour individual coaching sessions with their facilitator (face to face/phone/on-line) The focus of these coaching sessions are to:

- Reinforce learning from the workshop
- Identify an implementation strategy using the BO tools
- Discuss further strategy planning requirements
- Enhance strategy, skills and knowledge

Pre-Training Activity:

Participants will have read or listened to the audio book 'Blue Ocean Strategy'; and will read the Harvard Business Review article "How to create uncontested market space and make the competition irrelevant".

Learning Outcomes:

- Leave with a road map to your BOS
- Learn how to create uncontested market space and new demand for their existing and new products or services
- Learn how to systematically apply BOS principles, frameworks and tools using real-world case studies and examples
- Directly experience the BOS framework
- Understand how to stand out from other competitors

Suitable For:

Leaders, Managers, CEO's, Business Owners, Board Directors, Ministers, MP's, Shadow Ministers.



Delivery Method & Investment

Face to Face - 2 Day	\$3,200
(Further discount available for not for profits)	

Best Practice In Case Management

We now work in an environment that is predominately focused on output based funding models that require staff to focus on key objectives often with tight time-frames. Case management principles have been well documented and practiced in the human services field for over 30 years and this training focuses on re-branding case management through a neurosocial lens.

Professionals in human and community services work with clients or service users who experience challenges and barriers in their lives. Being able to identify the client's real needs and develop and engage an effective case management framework is crucial to ensure case management practice is focused and well planned.

This training provides participants with a new way of thinking of how to effectively engage clients in the case management process. It renews case management language to bring about a fresh approach in all aspects of assessment, planning, monitoring and evaluation. It shows participants how to work with reluctant and resistant clients, understand what to focus on in the case management process when clients are stuck or unmotivated to make necessary changes. We explore how to reduce the risk of over-servicing clients and the importance of using key tools and resources in the case management process. The training supports participants to engage effective self-care when working in a case management environment and ensures that participants leave the training thinking creatively about the case management process through contemporary best practice approaches. Participants will review a case study prior to the training.

2 Day Training Modules:

- Defining contemporary case management
- Types of case management
- Principles of case management
- Case management as a professional practice
- The ethical context of case management
- Developing effective case assessment tools
- Case recording for best practice
- Case coordination and stakeholder meetings
- Evaluating case management outcomes
- Supervision and case management
- Stages of change in case management

Learning Outcomes:

- Learn how to develop an assessment framework that facilitates highly effective case outcomes
- Explore and learn intentional questioning frameworks for, case management, evaluation and in case conferences
- Learn how to negotiate services with organisations successfully
- Develop an integrated approach with involuntary clients in the case planning process
- Understand how the stages of change impact and influence the case planning process
- Learn reflective frameworks to use in the case management process
- Develop specific communication techniques for success
- Refresh and renew the language of case management
- Explore how to re-align case management in your organisation
- How to align and formulate case assessment in the case management process

Suitable For:

Case Coordinators/Mangers, Team Leaders, Program Mangers, Front Line Professionals



Delivery Method & Investment

Face to Face - 2 Day	\$880
On-line - 2 day	\$880

Case Management & Motivational Interviewing

This training provides a new way of thinking of how to undertake effective case management. It renews case management language to bring about a fresh approach in all aspects of assessment, planning, monitoring and evaluation using motivational interactions. It shows participants how to work with reluctant and resistant clients, understand what to focus on in the case management process. We explore: the principles of MI, how to build a case to engage readiness for change, how to manage resistance and stuckness, how to assess ambivalence, and provide a supportive environment for change. We explore the process of deeper reflection as a tool of awareness and through a complex case study, provide high level skills across all aspects of the case assessment process using MI. It also refreshes the language around change through neurocare principles and provide participants with a range of useful tools and resources to work with staff and clients using MI. Participants will review a case study prior to the training. This training is offered as a 2 and 3 day training course.

2 & 3 Day Training Modules:

- Defining contemporary case management
- Types of case management
- Principles of case management
- Case management as a professional practice
- The ethical context of case management
- Developing effective case assessment tools
- Case recording for best practice
- Case coordination and stakeholder meetings
- Evaluating case management
- Supervision and case management
- Stages of change in case management
- The neuroscience of case management
- Introducing MI, principles of MI & components
- How to evoke and collaborate for change
- Practice MI skills and techniques

Learning Outcomes:

- Learn how to develop an assessment framework that facilitates highly effective case outcomes
- Explore and learn intentional questioning frameworks for case assessment, case management, evaluation and in case conferencing
- Learn how to negotiate services with organisations successfully
- How to evaluate your own case assessment and case management skills
- Develop an integrated approach with involuntary clients in the case planning process
- Understand how the stages of change impact and influence the case planning process
- Learn reflective frameworks to use in the case management process
- Develop specific communication techniques for success
- Explore how to re-align case management in your organisation
- Understand the principles, skills and knowledge base of MI
- Engage technical communication skills in the MI process, building readiness for change
- How to deal with resistance and reluctant clients

Suitable For:

All staff and leaders



Delivery Method & Investment

Face to Face - 2 Days	\$880
On-line - 2 Days	\$880
Face to Face - 3 Days	\$1,250
On-line - 3 Days	\$1,250

Establishing A Successful New Business

The first two years for any small business or private practice is crucial for success. Understanding the appropriate structure, building a professional team and developing the right governance framework ensures success. This 3-day training provides the opportunity for participants to consider all that is needed to set up a new business or private practice. This training shows participants how to develop a business and strategy plan and understand the market in the context of running a practice or business.

Participants have the opportunity to hear guest speakers talk about how they set up a successful small business. Participants explore relevant case studies as practical examples of success. If you are considering starting a new business, have a new business or need to refresh your business strategy, this training provides the necessary skills and knowledge to develop and grow your dream. Participants will develop a business case and explore questions prior to the training.

3 Day Training Modules:

- Establishing the right business structure
- Governance and legal responsibilities
- Choosing the right team
- Developing the right marketing materials
- Financing your business idea
- Taxation and business compliance processes
- Marketing and branding
- Systems development and selecting the right software
- How to attract leads and secure business
- Developing a costing structure
- Choosing the right customer base
- Positioning in the marketplace
- Generating leads and converting leads to repeat business
- Developing your pipeline
- Using social media to increase market share
- Taking a Blue Ocean approach for strategic planning
- Establishing the right reporting processes
- Cash flow success
- Developing a business capability statement for success
- Explore the art of tendering to increase growth opportunities
- Self-care & wellbeing in business

Learning Outcomes

- Feel confident in establishing a new business
- Develop the right systems and processes
- Understand how to engage repeat business
- Learn how to write high level documents with confidence
- Develop the right strategy for success
- Developing the right mind set for business success

Suitable For:

Potential and New Business Owners.

Post Training:

Participants have the opportunity for ongoing coaching to set up their private practice or new business using our Business Health Framework.



Delivery Method & Investment

Face to Face - 3 Day	\$1,800
On-line - 3 Day	\$1,800

Working With Complex Personality Presentations

Have you ever experienced working with someone who does not respond in a way that would be typical to the situation? You may notice someone lacking empathy or their behaviour fluctuating regularly. Working with others in the workplace with different complexities to their personality or character traits can be one of the most tiring and challenging aspects of working. It can leave you feeling confused, exhausted and challenged. These situations can impact how we communicate and work in a team environment.

This informative and interesting 2-day training looks at the latest research and contemporary best practice working with someone who has an array of behaviours and thinking preferences that can be complex and challenging. In this training we discuss complex personality presentations and how they significantly impact others in the workplace. Participants explore when and how personality or behaviour becomes complex and strategies to work in these situations. Participants learn about different personality clusters and the roles and archetypes that can present in the workplace.

This training has a particular emphasis on narcissism, dissociative identity presentations, borderline personality presentations and socio-pathology. Participants will complete a profile questionnaire prior to the training for their interest.

We explore the importance of having a framework incorporating particular approaches and language. We discuss how to self-advocate and engage wellbeing strategies.

2 Day Training Modules:

- Understanding personality, temperament and characteristics
- Different personality clustering
- When and how personality become complex
- Responding to personality presentations
- The neuroscience of personality
- Cognitive and decision-making biases
- Trauma responsive practice
- Self-care when working with complex personalities
- High conflict personality types
- How to work with narcissism, dissociative identity disorder (borderline personality) and socio-pathology conditions



Delivery Method & Investment

Face to Face - 2 Days	\$880
On-line - 2 Days	\$880

Learning Outcomes:

- Understand personality components
- Explore different personality traits and characteristics
- What things impact personality
- What is temperament and character
- Personality profiling
- Having a clear framework for wellbeing and feeling successful in the workplace

Suitable For:

Managers, Leaders, CEO's, Supervisors, Program Managers, Business and HR Managers, Business Owners.

Leading Through Neurocare

Contemporary and creative workplaces require leaders to take a new approach through neurological integration techniques. Attuning information, skills, knowledge and attributes provides leadership that inspires, motivates and maintains high performance outcomes. The integrative process considers the latest research in communication techniques, the art of questioning and neuroscience principles to be a highly effective as an effective leader. When this process takes place, leaders engage emotional and social intelligence that others want to follow. Leaders learn how to attune thinking, language, skills and epigenetics to be a highly successful leader.

This 3-day training program incorporates four (4) Building Blocks to support leaders from any work or business context. It ensures that participants learn new ways of thinking about leadership and create emergent thinking.

Building Block 1: Leadership Acumen

- Leadership qualities and attributes
- Models, styles and leadership functionality
- Blended leadership
- Effective delegation
- Supervision and coaching
- Rational and relational leading
- Strategic and operational leadership
- Influencing self and others
- Visioning through Blue Ocean principles
- Developing and maintaining a leadership identity
- Strategic thinking and performance
- Understanding the political environment
- Leadership and market positioning

Building Block 2: Being a Skilled Communication Technician

- Your natural engaging style
- How to influence others in leadership
- Language frameworks
- Behavioural styles
- Mastering the art of assertiveness in leadership
- Communicating clearly and with confidence
- Roadblocks to effective communication
- Asking the right questions
- Empathy and maintaining rapport
- Develop your enneagram

Building Block 3: Mediating Conflictual Situations for High Performance

- Understanding how beliefs and values influence conflict
- Developing a conflict management framework
- Creating an environment for change
- Having emotionally intelligent conversations
- Conflict typology
- How conflict occurs
- Components of conflict
- Responding to conflict effectively
- Rebuilding trust
- Negotiating for success
- Pushing through when the going gets tough

Building Block 4: Supervising and Mentoring Staff

- Understanding Amovita's suite of coaching and supervision models to support leadership outcomes
- Explore the purpose, benefits, contexts, tasks and responsibilities of both the leader and employee
- Explore how supervision and coaching fits with in a legal and industrial context
- Understand how supervision links with annual reviews and performance management systems
- Supporting staff to engage in the process of reflection

Pre-training Activities:

- Pre reading articles
- Business and organisational case study
- Development of a leadership framework
- Leadership styles assessment
- Personality style assessment
- Self-reflection questions
- SCARF Assessment

Learning Outcomes:

- Identify behaviour styles and how they can impact on inter-professional relationships
- Identify and engage your natural assertive style and apply techniques in a range of work situations to promote positive and sustainable relationships
- Identify appropriate communication strategies and utilise specific techniques in work situations for leadership engagement
- Manage conflict and challenge others with compassion
- Negotiate for mutually beneficial outcomes
- Utilise effective ways of advocating on behalf of others
- Influence others through an effective language framework
- Motivate others through effective persuasion
- Be a leader with influence and attunement
- Understand and engage leadership qualities for leadership excellence
- Explore and engage neuroscience for staff self-care and performance

- Use the art of feedback for effective communication
- Understand rational and relationship leadership styles
- Explore leadership models and styles
- Vision for change and governance
- Understand the importance of neuroscience for leadership

Suitable For:

Leaders, Managers, CEO's, Directors, Business Owners, Board Directors, Ministers, MP's, Shadow Ministers.



Delivery Method & Investment

Face to face - 3 day

\$1,800

Mastering Vicarious Stress & Resilience

Taking on other's emotional energy or being over exposed to other people's experiences can result in vicarious stress. When this type of energy and stress accumulates, it affects our physical and emotional well-being, resulting in having a significant impact on the nervous system. Research indicates that our three brains view indirect experiences of vicarious stress similar to experiencing direct events. The greater and more prolonged the exposure, the risk of vicarious trauma is more evident.

Vicarious stressors impact anyone particularly when working in the helping profession and front line roles. Whilst we recognise that vicarious stress is real, it can be challenging to identify and respond to.

This 2 and 3 day training explores the typology of vicarious stress, how the brain views secondary stress and what to do when you recognise vicarious responses in yourself and others. We take a deep dive into vicarious impacts of second hand stress and take the time in the training to reflect and understand how to plan to reduce the impacts to maintain vicarious resilience.

2 Day Training Modules:

- Deep dive into vicarious trauma & second hand stress
- The effects and impacts of secondary stress
- Empathy and the brain
- The effects of trauma of self and others
- How to locate vicarious impacts in the body
- Developing a framework and plan for vicarious resilience
- Compassion stress, burnout and compassion fatigue
- The neuroscience of vicarious trauma
- Inference and the importance of meaning making
- Spirituality, energies and epigenetics of vicarious influences
- Reflective frameworks for resilience
- Assessing vicarious trauma
- Communicating with others who have vicarious trauma signposts
- Strategies to maintain resilience

Learning Outcomes:

- Understand the process of vicarious stress
- Know the differences between secondary stress, vicarious trauma and resilience
- Identify protective factors against vicarious stress
- Identify vulnerabilities and resilience factors
- The process of coping with second hand stress
- The negative, neutral and proactive framework
- Building up resilience over time
- Caring for the polyvagal system
- Rewiring the brain's circuitry
- Implementing the VR framework into practice

Suitable For:

Managers, Leaders, CEO's, Supervisors, Program Managers and Professionals Working in Front Line Roles.



Delivery Method & Investment

Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

Setting up Successful Student Placements

Understanding how to set up a successful learning environment, completing the required reporting and evaluating the student's engagement and learning is important for a successful placement outcome.

This innovative 2-day training program provides participants with the latest information about how to set up a successful placement environment and set expectations for placement outcomes. We explore: the art of interviewing students prior to commencing placement, assessing their suitability, how to develop an Integrated Learning Framework, implementing supervision using our GASE® supervision model, how to take the stress out of having multiple students and providing students with valuable learning experiences.

This training is a must for new and experienced field educators and supervisors who have students across a range of human service and allied health practice areas. We provide relevant tools and resources as well as a range of key frameworks to support you in your role. Not only will this training provide participants with the latest information on field placements, but also provide the confidence and energy to feel excited about contributing to student education and learning.

2 Day Training Modules:

- The different faces of placement
- Understanding roles & responsibilities
- Interviewing students for placement
- Phases of the placement process
- Understanding how to set up a facilitated learning environment
- Developing learning plans
- Completing placement documentation
- Understanding reporting process
- Setting up professional and student supervision
- Qualities of an effective student supervisor
- Understanding the GASE® student supervision model
- Understanding beliefs and values that influence students in the learning context
- Providing students with proactive feedback
- Transitioning from student to professional
- Student well-being on placement

Learning Outcomes:

- What to look for when interviewing students for placement
- Explore how to provide students with a quality learning experience
- Learn how to develop an integrated framework for student learning
- Understand the role of the student, supervisor, field educator and TAFE/university
- Learn how to develop a quality student supervision framework
- Understanding reporting requirements
- Understand the concepts of student learning plans/curriculum's
- Explore how to gain efficiencies in having students on placement
- Learn the art of setting up student hubs/units
- Explore different field placement models
- Gain new knowledge and skills as a Field Educator and or Supervisor
- Discover how to have challenging and difficult conversations with students
- Understand the phases of placement for successful outcomes

Suitable For:

All Field Education Supervisors Who Have Student Placements or Practicums.



Delivery Method & Investment

Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

Establishing An Integrated Learning Framework For Student Placements

When students learn how to integrate information across the organisational setting they develop higher level skills in assessment and decision making. Conducting student placements through a facilitated learning process enhances the learning experience. Acting as a mentor and guide to students provides a unique learning experience that often the student holds on to for the duration of their working life.

This 1-day workshop focuses on linking university requirements and the students learning objectives on placement to ensure the learning experience is maximised in a facilitated learning environment.

Participants learn how to integrate all aspects of the placement so that students can engage their own learning process when supervisors are unavailable. Participants explore how to ensure all aspects of the placement experience are mapped to the integrated learning framework.

Whether you have students from dentistry, nursing, teaching, social work, psychology, dietetics, podiatry, speech pathology, nutrition, physiotherapy, occupational therapy, or other allied health or business areas, this training will support you as field educator and professional.

1 Day Training Modules

- How to develop an integrated learning framework
- Understand how to lead students through a facilitated learning process
- How to engage students in the feedback process
- How to map the Integrated Learning Framework (ILF) to the students learning plan
- Integrating the IFL to the students role

Suitable For:

All Supervisors, Field Educators and Mentors supervising students on placement from allied health disciplines.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Conscious Money Creation

What deep thoughts and beliefs do you hold about money? At times, do you worry or think about not having enough money? Our ability to hold and let go of money is significantly impacted by the unconscious influences and family scripts we hold. Lots of questions to consider. The issue is not that often we do not have enough money, it is more about our relationship with money.

This Conscious Money Creation training is crucial to understand the intuitive and conscious thinking that assists people to change their creation process and relationship with money. It is important to learn new skills and beliefs about how to have a better relationship with money rather than seeing money as money.

The aim of this training is to change our thinking process in relation to how money comes into our life and how it leaves. Participants focus on how to change their relationship with money, discover their beliefs and values that relate to money, understand the steps of new creation and learn how to be intentional in setting their money goals.

We explore how to redesign preferential thinking patterns around money and personal resources, reintegrate new thinking and brain patterns, explore how energy and thinking can attract or lose money and understand how to maintain money conscious thinking throughout life.

The Facilitator:

International speaker and developer of the training, Erika Laszlo is a transformational coach, teacher and communication expert. She has dedicated her career to changing lives and contributing to a better world.

She assists people by teaching them her super conscious coaching methods that instantly change lives eliminating the burden of negative scrips to feel more fulfilled and happier.

Based in Hungary, Erika is the co-founder of Super Conscious World. With a wealth of experience in coaching, teaching and training, Erika has worked across 25 countries and 5 continents.



Delivery Method & Investment

Please email us for information & costing.

Training Modules:

- The Pyramid of needs
- The Maslow Pyramid
- The 7 Money Traps of money
- Discovering beliefs that inhibit the receiving of money
- Questioning the negatives
- Finding the focus point
- Setting objectives and creating the receiving process
- The creation process
- IQ of prosperity
- Talking to money

Learning Outcomes:

- How to create more money
- Discover family and childhood patterns around money
- Uncover your beliefs and feelings around money
- Create a better relationship with money through practice activities
- Work with the principles of creation to explore what you want instead of what do you do not want

Suitable For:

Anyone looking to explore their relationship with money.

Super Conscious Self Coaching

We live in a complex world full of negative messaging on a constant basis. There is little time to regularly reflect on our fears, sadness or other emotions that block our thinking. We often may not understand what it means to feel our true and authentic self. Much of the research in this area highlights how our fear-based energy and emotions become trapped in our bodies and subconscious mind and through epigenetics moves from one generation to the next. In order to better understand the impact of this, one of the most effective ways to unblock fear based energies and ensure they do not progress into the next generation is to transform them from our energy system and epigenetic make up.

This four day (8 half days) training is impactful, interesting, dynamic and informative. It will leave you reflecting in an energy space that promotes higher consciousness reflection.

We explore the neuroscience and quantum physics of super conscious self-coaching.

This training is the first of its kind in Australia, is highly intuitive, integrated and a chart based conscious self-coaching system that has been designed using the latest research on neuroscience to understand how limiting beliefs, thoughts and emotions influence our energy levels, self-talk, relationships and life issues.

The chart-based tool engages with critical thinking, inner knowing and wisdom to understand how it impacts on overall health, happiness and well-being. It concentrates on current challenges and transforms fear-based energies that limit success in any area of our lives. It increases self-awareness to assist in making life changes and integrates Western science and Eastern ancient wisdom. It focuses on psychological and communicational methods incorporating quantum physics.

This Training is a must if you:

- Are seeking an integrated solution to feeling more connected to your life and self
- Want to change aspects of your personal or professional life
- Want to feel more successful and fulfilled in your life or career
- Would like to further develop your knowledge in this area
- Are ready and willing to show your uniqueness and skill to yourself or others
- Understand the unconscious influences that impact negative thinking
- Are willing to invest in yourself and increase your intuitive skills
- Are ready to step up to a higher level of consciousness
- Want to change your beliefs and self-talk blocking your energy and nervous systems
- Would like to have a system to identify and change energy that transfers from one generation to the next

Learning Outcomes:

- Understand how epigenetics impacts all areas of well being
- Explore how fear, sadness, anger and negative self-beliefs transfer through our DNA from one generation to another
- Discuss how these beliefs unconsciously play out through our behaviour, communication and relationships
- Understand how to identify and change beliefs that are blocking the energy and nervous system
- Learn how to change the emotional blocks in your meridian system
- Easily identify, create and maintain new beliefs that support the internal eco-system
- Understand how to feel healthier and happier
- More than 80 charts that correlate to changing your life

The Facilitator:

International speaker and developer of the training, Erika Laszlo is a transformational coach, teacher and communication expert. She has dedicated her career to changing lives and contributing to a better world.

She assists people by teaching them her super conscious coaching methods that instantly change lives eliminating the burden of negative self-talk to feel more fulfilled and happier. Based in Hungary, Erika is the co-founder of Super Conscious World.

Super Conscious World:

With a wealth of experience in coaching, teaching and training, Erika has worked across 25 countries and 5 continents. The framework has been translated into different language and participants are required to have an iPad for this training. Erika is fluent in English, Spanish and Hungarian.



Delivery Method & Investment

Please email us for information & costing.

Leading Through Neuroscience Program (6 & 12 months)

Being a contemporary leader requires new thinking and capabilities. Amovita's 6 and 12-month Leadership Excellence Program provides leaders with the latest neuroscience in leadership theory and practice to maintain a high performing workplace.

The course includes course materials, readings, videos, tools and strategies as well as online discussion forums. Designed in 2.5 to 3.5 hour modules, participants meet on-line every month to explore cutting edge leadership content and resources. Participants work in small groups to complete a well designed leadership project to demonstrate key capabilities.

This on-line program includes pre-engagement resources, monthly pre-module reading and case studies.

Program Content:

- 1 Introductory Module to the program
- Each module cluster includes 4 topics

Each Study Period Includes:

- Online learning activities
- Discussion forums to engage with other leaders
- Course resources, readings, tools and strategies
- Access to fortnightly Q & A webinars with course facilitator
- Monthly on-line training modules & group coaching discussions

Learning Outcomes:

- Understand how to provide brain based leadership to harness high performance in the workplace
- Understand how brain waves influence performance
- Understand how to improve team collaboration, decision-making, creativity insight and engagement
- Acquisition of cutting-edge tools and strategies that support leadership using neurocare principles
- Understand how to support the development of new habits and sustainable change for self, teams and organisations
- Understand how to develop new ideas and strategies that enhance performance and build leadership capability

A Must For:

Managers, CEO's, Directors, Program Managers, Executives, Board Directors, Chairs, Leaders and Those Moving Into Leadership Roles.



Delivery Method & Investment

On-line - 6 or 12 months
Please email for information and costings.

Organising Time Effectively

Do you feel as though there are not enough hours in the day? Do you find it difficult to balance your time, energy, focus and attention?

As professionals we don't tend to think of how time is used or valued. However, time is a valuable commodity that when it is appreciated, it is used more carefully. Time is something we need, we never have enough of, is limited in our working day and we need to buy it back on a regular basis.

This 1 Day training supports professionals to maximise their time, and balance energy, focus and attention to be more effective.

1 Day Training Modules:

- Our relationship with time
- How time is organised
- Understanding different time types
- Navigating disruptions and distractions
- Mindset of time
- Making active decisions
- Treating time as a professional activity
- Combating procrastination
- Connecting to tasks
- The neuroscience around time
- Organising self
- optimising time techniques
- Setting new work habits
- Reporting & evidenced informed decision making
- The neuroscience of harm and abuse
- Self-care & wellness
- Vicarious resilience

Suitable For:

All Staff In Any Sector, Front Line Workers, Volunteers, Managers, Coordinators, Students.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

28

Herrmann Brain Dominant Instrument (HBDI®)

In 1976, whilst researching the brain, Ned Herrmann learned of the pioneering brain research of Roger Sperry, Paul MacLean, Joseph Bogen and Michael Gazzaniga. From their work they found that the brain had four distinct and specialised structures. Ned Herrmann, founder of Herrmann International and the originator of Whole Brain® Thinking, first pioneered the study of the brain in the field of business whilst in Management Education at General Electric Corporation's world-class corporate university. His research and spirit of Ned Herrmann continues to highlight whole brain thinking that can improve all aspects of individual and organisational performance.

This resulted in the Herrmann Whole Brain® Thinking System. Herrmann developed a valid self-assessment that enables individuals to understand their own thinking style preferences, the HBDI® (Herrmann Brain Dominance Instrument®).

Herrmann's books, The Creative Brain and The Whole Brain® Business Book, provides additional background on his research and the process he took to develop the HBDI® and Whole Brain® Thinking System.

Whole brain thinking provides leaders with a framework for understanding individual and team preferences in their thinking process. It is a framework that provides a lens for improved understanding and insight. It acknowledges that different tasks require different thinking processes and different people prefer different kinds of thinking. Whole Brain Thinking helps leaders to get better results when strategically leveraging their team's full spectrum of thinking.

The Herrmann Brain Dominant® Instrument is a catalyst for team alignment, collaboration and productivity. The HBDI® Team Profile™ provides a composite view of the similarities and differences in team member thinking preferences.

Using this information, the group can make adjustments to greatly improve processes, outputs and outcomes. The HBDI® Pair Profile™ provides a comprehensive analysis and insight about the similarities and differences in the way people think and work together.

The HBDI® is a powerful psychometric assessment that defines and describes the degree to which we think in the four quadrants of the Whole Brain Model®. The data helps us adapt thinking preferences to communicate effectively, improve decision making and engage effective problem solving.

After completing a survey, staff receive a comprehensive HBDI® Profile Report that includes in-depth interpretation of the results, reference material about the Whole Brain® Model, comparison data and activities for further exploration and development,

Learn how HBDI® can help you introduce Whole Brain® Thinking into your organisation. Change your world through transformative thinking. (2019, Herrmann Brain Institute).



Delivery Method & Investment

Please contact training@amovita.com.au to enquire about undertaking HBDI® in your organisation or business.

29

Critical Thinking In Leadership

In order to make effective decisions, take a position on something and understand how to present topics of importance, it is crucial to understand what it means to be a critical thinker. Having the aptitude, higher order awareness and ability to critically reflect, analyse, attune and synthesise information is important in leadership.

This 1 and 2-day training explores the key concepts of critical thinking and enables participants to understand and apply these principles in their role. We explore the importance of being a critical thinker, identifying the characteristics of critical thinking and how to develop skills in critical thinking.

We discuss how critical thinkers think, how they resolve issues and approach their work. Participants explore framing frame arguments that support decision making as well as how to develop and engage a professional identity in the critical thinking process. We discuss the neuroscience of critical thinking and the impact on decision making in particular situations.

This training is dynamic and interactive and participants explore a contemporary case study to validate existing skills and transfer new learning back into their roles.

1 Day Training Modules:

- Understanding critical thinking
- Why critical thinking is important
- The purpose and benefits of critical thinking
- Characteristics of critical thinking
- Framing arguments

2 Day Training Modules:

- Understanding critical thinking
- Why critical thinking is important
- The purpose and benefits of critical thinking
- Characteristics of critical thinking
- Framing arguments
- The skills for critical thinking
- Developing the skills for critical thinking
- Demonstrating a thinking identity



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 2 Days	\$880
Face to Face - 2 Days	\$880

Learning Outcomes:

- Understand the principles of critical thinking
- Explore how critical decisions are made
- How to effectively evaluate decisions
- Understand the characteristics of being a critical thinker
- Demonstrate the skills of critical thinking
- Understand the neuroscience of critical thinking

Suitable For:

Leaders, Managers, CEO's, Directors, Coordinators, Emerging Leaders.

Developing & Maintaining A Professional Identity

Our professional identity defines our purpose and tells others about who we are as a professional. It is like having our own brand or logo. This half day workshop defines professional identity, how to develop it and the importance of maintaining a solid professional identity in our work. It is a crucial framework for both staff and leaders as it defines how skills and knowledge are used in a professional role. Participants explore the components of a professional identity, and how to demonstrate to others that a professional identity is in place. This workshop provides the perfect space for a deep dive into the elements of a professional identity framework. It is an interactive, exploratory and experiential workshop that assists to re-energise and reinvigorate the purpose of having such a framework and how to use it in a professional role.

Half Day Training Focus:

- Understanding professional identity
- The importance of having a professional identity
- How to demonstrate a professional identity
- What are the barriers to having a professional identity
- How to develop and maintain a professional identity
- The context of professional identity and brand
- Developing others professional Identity
- How to recognise when a professional identity is absent

Learning Outcomes:

- Know how to use a professional identity
- Understand the importance of having a framework in your role
- Know how to implement a professional identity framework
- Understand how to update and maintain a professional identity

Suitable For:

Staff, Managers, Leaders.



Delivery Method & Investment

Face to Face - Half Day	\$300
On-line - Half Day	\$300

Adult Mode Communication & Brainwaves

Our communication, emotions and behaviours are influenced and impacted by how we communicate through our brain waves. Our brainwaves change depending on what we are doing, how we feel and how we communicate. When our brainwaves are out of balance our health and wellbeing is significantly impacted.

This cutting edge 1 and 2-day training explores the foundational principles underpinning our brain waves. Participants take a deep dive into different brainwave patterns, their role and how they change in different situations. The training explores how brain waves impact our mood, communication, performance, and wellbeing. Participants overview the epigenetics of brain waves and how adult attachments influence brainwave patterns.

Participants discuss the inter-connectedness between brain waves and communication including the unconscious beliefs that interrupt and influence brain wave patterns. We discuss the process of neuro-feedback and its importance on brain circuitry for self care and wellbeing.

The 1-day training explores modules on the principles of brainwave patterns, modes of attachment and understanding the communication process in different modes of communication.

In the 2-day training all modules in the 1 day are covered and in addition, we explore how to change brainwave patterns through adult modes of communication.

1 Day Training Modules:

- Modes of attachment in communication
- Know how to communicate in different modes
- Signs and impacts of different modes of communication
- Brain wave patterning

2 Day Training Modules:

- Modes of attachment
- Know when you are communicating in different modes
- Signs and impacts of different modes
- Modes and emotion, communication, conflict, relationships, performance
- Brain wave patterning and adult modes of communication
- Understanding the relationship between adult modes of thinking and brain waves

- How to remain in adult-modes of thinking in different situations
- Having adult to adult conversations in the workplace

Learning Outcomes:

- Know to remain in adult mode thinking
- Supporting others to communicate in different modes
- Understand the relationship between brain wave patterning and adult mode thinking
- Communicate more effectively with others
- Learn effective communication skills in adult mode thinking

Suitable For:

Managers, Leaders, CEO's, Supervisors, Program Managers and Team Leaders.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Days	\$880
On-line - 2 Days	\$880

Interpersonal Dynamics in Client Work

Our life experiences and inner talk influence how we work with clients. Knowing how beliefs and patterns of thinking influence the dynamics in client work ensures that we focus on the right approaches and reduce the risk of professional fatigue.

This 1 and 2-day training is interesting and based on the latest practice approaches of the relational nature of professional work with clients. The training explores the principles and characteristics of how the interpersonal dynamics play out in professional relationships and how to effectively boundary these aspects of client work. We define the different types of relationships in client work in the context of life challenges that clients face.

Where participants attend the 2-day training, they focus on a complex case study that assists to integrate the training content.

1 Day Training Modules:

- Defining different client relationships
- The impacts of over-servicing clients
- Defining complexity in client work
- Understand the social brain in professional relationships
- The influence of biases, personal and professional beliefs and values
- How the predictive loop process works in client relationships
- The principles of vicarious stress, vulnerability and resilience
- Understanding the complexity in attachment styles

2 Day Training Modules:

- One day modules plus:
- Understand the polyvagal system in the inter-relational process
- The epigenetic transference process
- Understanding vibrational energy around happiness, guilt and shame
- Being trauma informed in practice
- Developing a professional identity framework
- The importance of well being and self care

Learning Outcomes:

- Define different types of client relationships
- How to develop and boundary the client relationship
- Understand the social brain in professional relationships
- Understand the impact of biases, personal and professional beliefs and values
- Explore the predictive loop process
- Understand the polyvagal system
- Define the principles of vicarious trauma, vulnerability and resilience
- The epigenetics of relationships, trauma and the brain
- Explore different attachments in client work
- Understanding vibrational energy around shame, guilt and well being
- How to engage a reflexive process in working with clients

Suitable For:

All Staff Working Directly With Clients And Service Users.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 days	\$880
On-line - 2 Days	\$880

Gaining your Mental Health Accreditation (Social Workers)

Social work professionals provide a range of mental health services upon successful completion of their mental health accreditation. This training supports professionals to complete the administrative process, referee report and standards required for success.

This 1-day training explores and analyses AASW accreditation requirements and standards using relevant case examples. We discuss eligibility and what the association looks for to be successful in the accreditation process. This training also includes follow up support and review of application documents. Further coaching and support can be provided upon request.

This 1-day training is highly informative, reflective and focuses on the range of psychological focused interventions in the provision of mental health services.

1 Day Training Modules:

- How to analyse accreditation requirements
- Understanding accreditation requirements
- Responding to individual standards in the application process
- Referee statements
- Finding the right time to submit the application
- What it means post accreditation
- The process if the application is not successful

Learning Outcomes:

- Understand the accreditation process
- Analyse the accreditation documents
- Reflect on the referee process
- Case examples for use in the accreditation process
- Review and explore accreditation standards

Suitable For:

Social workers wishing to gain their Mental Health Accreditation



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

34

Optimising Strengths for Leaders

Having a high level of self-awareness of realised and unrealised strengths is key to being an effective leader. Research suggests that successful leaders know the range of strengths required. Using strengths to create optimal performance in teams requires leaders to understand the differences and interplay between realised and unrealised strengths and learned behaviours within teams. Knowing and investing in the strengths of teams contributes to better leadership reflection and decision making.

The training provides valuable insights into the key components of strengths and their interaction with performance and wellbeing. In the 2-day training, all modules from the 1 day program are explored, as well as the impact of underusing and overusing strengths and how to optimise these in leadership. Participants practice how to increase team engagement and performance through strengths spotting and strengths-based feedback. Participants also learn the importance of a growth mindset and how different beliefs enhance and hinder strengths development. To integrate the training content, in the 2-day training, participants coach each other on how to develop strengths that optimally increase their leadership capability. Participants also discuss the latest trends in understanding realised and unrealised strengths and learned behaviours. We also explore how energy is a key dimensions in maintaining performance outcomes and engagement. Prior to the training, leaders complete an online Strengths Profile that will be explored in the training.

1 Day Training Modules:

- Understanding the principles of strengths based approaches in leadership
- The benefits of using strengths and how to spot them
- Common beliefs about strengths
- Understanding the differences and interplay between realised and unrealised strengths and learned behaviours
- Understanding your unique Strengths Profile and risks of overplaying them
- Taking action with strengths to increase leadership capability

2 Day Training Modules:

- Strengths spotting in staff
- The impact of beliefs and mindset on strengths
- Strength regulation in leadership
- How to develop strengths in an optimal way

- Peer coaching to optimise strengths in leadership
- Strengths based feedback

Learning Outcomes:

- Understand the fundamentals of the strengths approach and its components
- Explore the benefits of strengths and the importance of strengths profiling
- The process of strengths spotting
- The impact of learned behaviours and their relationship to strengths
- Understand and recognise the overuse, under use and optimal use of strengths
- How to optimise strengths using strength regulation
- Understand the impact of beliefs on strengths and the importance of a growth mindset
- The importance of learned behaviours and their relationship to strengths
- Engage in peer coaching to optimise leadership strengths

Suitable For:

Leaders, Managers, CEOs, Executives, Board Leaders, Business Owners



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 days	\$880
On-line - 2 Days	\$880

35

Optimising Strengths in Teams

Being able to optimise individual and team strengths increases self-efficacy and performance. Understanding our realised and unrealised strengths increases our awareness to use professional energy for more effective outcomes.

This 1 and 2-day Optimising Strengths in teams training increases team connection and cohesion. We explore the influence of learned behaviours in a professional setting and focus on how energy impacts performance by under and overusing strengths.

Participants explore each others strengths profile and its relationship to their role. This is a highly informative and interactive training where staff awareness is increased and team building occurs.

1 Day Training Modules:

- Common beliefs about strengths
- Understanding the strengths approach in leadership
- Defining strengths
- Understand the interplay between realised and unrealised strengths and learned behaviours

2 Day Training Modules:

- One day modules plus:
- Understanding your strengths profile
- Strengths spotting in teams
- Linking strengths to performance
- Strengths regulation in teams
- Learning how to optimising strengths

Learning Outcomes:

- Understanding the importance of strengths profiling
- The process of strengths spotting
- How to define and locate realised and unrealised strengths
- The importance of learned behaviours and their relationship to strengths
- Focusing energy on strengths in teams
- Optimising strengths at the right time
- How to locate strengths in different circumstances
- Learn how to optimise strengths in leadership

Suitable For:

All staff and their leaders



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 days	\$880
On-line - 2 Days	\$880

Optimising Strengths for Leaders Masterclasses

This masterclass series brings like minded and inspiring leaders together to discuss leadership topics using strengths profiling.

In groups of 4, leaders come together in monthly masterclasses to discuss topics of interest. Leaders undertake a comprehensive strengths profile and discuss results in the masterclass process. Leaders explore pre masterclass readings, engage in an individual coaching session with a strengths profile consultant exploring how their realised and unrealised strengths can be optimised in their role.

Learning Outcomes:

- Understanding the importance of strengths profiling
- Defining the 60 key strengths that support leadership
- The process of strengths spotting
- How to define and locate realised and unrealised strengths
- The importance of learned behaviours and their relationship to strengths
- Focusing energy on strengths
- Optimising strengths at the right time
- How to locate strengths in different circumstances
- Learn how to optimise strengths in leadership

Suitable For:

Leaders, Managers, CEOs, Executives, Board Leaders.



Delivery Method & Investment

Masterclass series	\$1,800
--------------------	---------

EEO Contact Officer Training

Many workplaces have an Equal Employment Officer role to support staff when challenges relating to concerns or complaints around anti-discrimination and Respect at Work.

Our EEO Contact Officer training is a 5-part series where contact officers explore an informative training program relating to the components of the role. We explore the scope of the role and how to support staff who access the EEO. We look at relevant legislation and standards that relate to concerns that arise in the workplace. The training overviews meeting processes, and the use of key skills when supporting staff. Participants explore the complexities that arise and how to remain focused and neutral when supporting staff. The importance of wellbeing is discussed and access points for the EEO to debrief.

This 5-series training includes the following topic areas:

- Session 1: The scope of the EEO Contact Officer role
- Session 2: Understanding legislation and standards
- Session 3: Skills, Qualities & Attributes of the EEO Contact Officer
- Session 4: Navigating Complexities
- Session 5: Resilience & Wellbeing

Learning Outcomes:

- The importance of the EEO role
- Understanding relevant legislation and standards in the role
- Identifying key skills, qualities and attributes for the role
- How to navigate complexities in the role
- The importance of wellbeing and self care in the EEO role

Suitable For:

Leaders, EEOs, Managers, CEOs Executives



Delivery Method & Investment

On-line - 5 Sessions	\$1,800
----------------------	---------

Thriving Together: Promoting Psychosocial Security in the Workplace

With recent changes to workplace health and safety legislation, leaders and managers are required to take proactive steps in identifying, assessing, and managing psychosocial hazards in the workplace.

This training is designed to equip employees, managers, and HR professionals with the knowledge and skills needed to recognise, address, and prevent psychosocial hazards in the workplace. Psychosocial hazards—such as stress, harassment, bullying, and other emotional or mental stressors—can significantly affect employees' well-being, job satisfaction, and productivity. By understanding these risks and taking steps to mitigate them, organisations can foster a healthier, more supportive, and productive workplace.

Learning Outcomes:

- Understanding relevant legislation
- The role of regulatory bodies
- Identifying psychosocial hazards
- Knowing the signposts and key indicators
- The importance of risk assessment
- Exploring effective control measures
- Promoting psychosocial security in the workplace

Suitable For:

Leaders, Managers, CEOs, Executives, Board Leaders.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Training Overview

SUPERVISION, LEADERSHIP MODELS & TRAINING



Suite Of Supervision & Coaching Models

Amovita has a large suite of supervision and coaching models focused on different roles within the organisational or business setting. A sample of our suite of models include:

PASE® Supervision Model

The PASE® supervision model provides the focus for the supervisory discussion as an effective tool for professionals and practitioners in the community, human services and allied health sectors. This model is for social workers and psychologists in clinical and professional practice.

LASE® Business Acumen Model

The LASE® Business Acumen model is a crucial leadership tool for executive coaching and supervision. This model has been designed for Executives, Managers, CEO's Directors and other senior leaders across any context or organisational setting.

FASE® Discussion Guide

The FASE® Discussion Guide is a supervision model focusing on staff in administrative and operational roles.

MASE® Meeting Advisor

The MASE® Meeting Advisor is a supervision model developed to support staff in project management, policy or coordinator roles.

VASE® Development Tool

The VASE® Development Tool has been specifically designed as a supervision model for organisations and businesses who engage volunteers to support their paid workforce.

CASE® Cultural Supervision Model (Yarn Up Time and Basket of Knowledge)

The CASE® Cultural Supervision Models have been designed to support both Aboriginal and Torres Strait Islander staff and non-Indigenous professionals who may be supervising staff from an

Aboriginal or Torres Strait Islander background.

GASE® Supervision Model

The GASE® Supervision Model has been developed for students on practicum to support them in the placement learning environment.

POSE® Supervision Model

The POSE® pastoral supervision model has been designed for pastors, ministers, clergy, chaplains and professionals in faith based roles.

CALD® Supervision Model

The CALD® Supervision model has been developed to support staff in supervision from culturally and linguistically diverse backgrounds.

PETS® Supervision Model

The PETS® Supervision model has been designed to support professionals working in veterinary clinics and hospitals conducting animal-assisted and species-spanning therapies and interventions.

TASE® Supervision Model

The TASE® supervision model has been developed specifically for IT, software developers and system analysts in technical roles.

PASP® Supervision Model

The PASP® supervision model has been developed for professionals working in early learning centres, child care, long day care centres, and after school programs.

BASE® Supervision Model

The BASE® supervision model has been specifically developed to support Boards of Management and Management Committees guiding them in their legal and governance responsibilities.

FOSE® Supervision Model

The FOSE® supervision model has been developed to support staff and leaders working in financial and accounting roles.

LAWS® Supervision Model

The LAWS® supervision & leadership model has been developed for law enforcement professionals.

PEER® Supervision Model

The PEER® supervision model has been developed for peer workers supporting clients and families in their professional role.

EAST® Supervision Model

The EAST® supervision model has been developed for professionals working in auxiliary roles.

TASP® Supervision Model

The TASP® supervision model has been developed for professionals working in teaching and education roles.

LAWE® Supervision Model

The LAWE® supervision model has been developed for legal professionals including lawyers and barristers.

Allied Health Supervision & Coaching Models

CORE® Supervision Model

The CORE® supervision model has been developed for Physiotherapists supporting their clinical and professional roles.

POST® Supervision Model

The POST® supervision model has been developed for Speech Pathologists in their clinical and professional work.

PODS® Supervision Model

The PODS® supervision model has been developed for Podiatrists in their clinical and professional work.

CORD® Supervision Model

The CORD® supervision model has been developed for Exercise Physiology professionals.

DASE® Supervision Model

The DASE® supervision model has been developed for professionals in Dietetics & Nutritionist roles.

RADS® Supervision Model

The RADS® supervision model has been developed for radiation therapists guiding them in their clinical roles to support clients and patients in their wellbeing.

NASE® Supervision Model

The NASE® supervision model has been developed for nurses and Nursing Directors in the provision of supervision.

PARE® Supervision Model

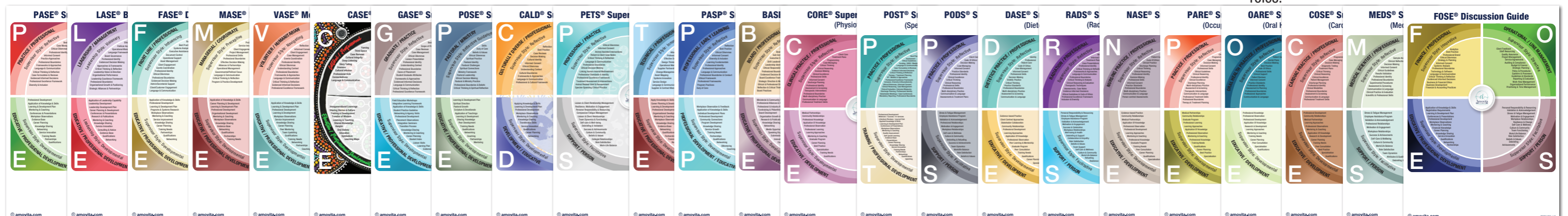
The PARE® supervision model has been developed for Occupational Therapists in their clinical and professional work.

OARE® Supervision Model

The OARE® supervision model has been developed for oral dentistry in the provision of clinical and professional services.

COSE® Supervision Model

The COSE® supervision model has been developed for cardiac physiologists and providing supervision and support in those in clinical and professional roles.



Implementing Amovita's Suite Of Supervision & Leadership Models

Supervision is crucial to maintain high performance in the workplace. It ensures staff feel valued and supported and growth and development occurs. In this half and one day training we discuss how to implement Amovita's range of evidence-informed supervision models in the workplace.

Pre-Requisites:

Prior to attending this training, it is a pre-requisite that participants will have attended a previous ESP-Excellence in Supervisory Practice 2-day training. It is further recommended that if participants have attended a 2 day training longer than two years previously, that they register to attend an Amovita supervision 2-day training as content and resources may have changed.

1/2 Day Training Focus:

- Reviewing the PASE® (or relevant) supervision model
- How to use the model in the organisational or business context
- Reviewing supervision documents for use in supervision

1 Day Training Modules:

- Reviewing the PASE® (or relevant) supervision model
- How to use the model in the organisational or business context
- Reviewing supervision documents for use in supervision
- Reviewing the organisations implementation plan
- How to assess if supervision is working effectively

Learning Outcomes:

- Understand how to integrate Amovita's suite of supervision and coaching models
- Review how your organisation is or has integrated relevant supervision information, resources and tools
- Explore if you have the right implementation plan for supervision
- Understand how supervision is working effectively in your organisation
- Explore what the right next steps are regarding supervision

Suitable For:

Supervisors, Leaders, Managers, Coordinators and Team Leaders



Delivery Method & Investment

Face to Face - Half Day	\$300
Face to Face - 1 Day	\$480

PASE® 6 & 12 - Month Accredited Supervision & Leadership Course

Supervision is one of the fundamental elements to ensure high performance in the workplace. It is essential for quality decision making, maintaining best practice and supporting staff to feel valued in their work. Supervision also assists to minimise burnout, fatigue and stress.

Amovita has a dynamic and experiential 6 & 12-month supervision and leadership course that explores supervision as a professional practice across different organisational contexts. This 6 & 12-month supervision & leadership course provides supervisors with key skills, knowledge and attributes to provide highly effective supervision in one to one and group environments.

Supervisors practice their skills to demonstrate the knowledge and capability required to provide effective supervision. Each session is 2.5 hours (12 months) and 3.5hrs (6 months) in duration and the course will be delivered in person or on-line. Participants receive 2 coaching sessions during the course to integrate learning from the program.

Upon successful completion of the course, participants will be provided with a certificate of completion and are invited to engage in Amovita's STAR (Supervision Training & Assessment Review) program. Participants will have their supervision assessed during the course of the accreditation process and provided with a written report on their level of capability. (Noting that Amovita is not a Registered Training Organisation).

Session Overview:

- Session 1 Introduction To The Course
- Session 2 Understanding The Context Of Supervision
- Session 3-4 The PASE Supervision Model
- Session 5 Supervision Skills, Knowledge And Attributes
- Session 6 Professional Practice Frameworks
- Session 7 The Industrial Context Of Supervision
- Session 8 The Neuroscience Of Supervision
- Session 9 Reflective Frameworks
- Session 10 Providing Supervision for Groups
- Session 11 Supervision in a Cultural Context
- Session 12 Supervising Students
- Session 13 Implementing Supervision Across The Organisation

Course Outcomes:

- Understand the role of professional supervision and leadership for high performance in the workplace
- Explore the different contexts in which supervision takes place
- Learn how previous experiences can influence and direct your supervision style
- Explore different models of supervision and their applicability in different contexts
- Learn and use a range of supervisory models and styles
- Explore how supervision is a professional practice within a leadership context
- Develop and maintain your own professional framework for supervision
- Understand how legal and ethical considerations in supervision are important
- Understand the feedback loop in the supervisory process
- Apply appropriate cultural practices in supervision
- Use the PASE® model of supervision for high performance outcomes
- Observe how the PASE® model works in action



Delivery Method & Investment

6 Months	\$1,250
12 Months	\$1,950

ESP: Excellence in Supervising and Leading Professionals: New Supervisors

Supervisors often find themselves in a supervisory role due to the requirements of the position or from being the role for a period of time. Being a new supervisor requires good process and structure. As a new supervisor, it is important to understand how to provide supervision that is dynamic, effective and achieves positive outcomes.

This 1-day training has been designed for new supervisors. We explore the purpose of supervision, how to set up the supervision environment, set an effective agenda and use of appropriate documents and reporting in supervision. The training also includes knowing how supervision is effective and meeting the supervisees needs. Participants explore their organisations policy during the training and assess if it meets industrial requirements.

1 Day Training Modules:

- Defining supervision
- Understanding the purpose and benefit of supervision
- How to provide effective supervision
- Setting up the right supervisory relationship
- How to develop a dynamic agenda
- Explore the different types of supervision
- Difference between operational and professional supervision

Learning Outcomes:

- Understand the context of supervision
- Explore the benefits and purpose of supervision
- How to set an effective agenda
- Ensure supervision outcomes are achieved
- Understand the different types of supervision
- Learn how to set up an effective supervisory relationship

Suitable For:

New Supervisors, Leaders or Managers.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

ESP: Excellence in Supervising & Leadership Practice PASE® Supervision Model

Research suggests that approximately 90% of professionals, managers, leaders and supervisors and leaders have never engaged in formal or professional development training prior to stepping into the role as a line manager of professional supervisor. Contemporary and innovative workplaces require a new approach to leading and supervising staff to maintain high-performance. The nature and contexts in which supervising staff takes place has dramatically changed over the past five years, and this training provides insights as to how to support staff in their role through quality supervision.

This training is unique from many other training courses. We explore the contexts in which supervision takes place, We discuss how supervision fits within a legal and ethical context and the crucial role that supervision structure and documentation plays.

We look at the neuroscience of feedback. We explore how to evaluate supervision so that it is effective and meets the supervisees needs. Participants are also provided with a range of tools and frameworks to use in their supervisory role. This training has been developed to support experienced supervisors and reaches beyond the typical training program to explores in-depth concepts.

Our facilitators are among the best in their field and will provide all the key skills, frameworks and competencies required to facilitate supervision for highly successful outcomes.

2 Day Intermediate Modules:

- Understanding the context of supervision
- Amovita's suite of supervision and coaching models
- Exploring leadership capability in supervision
- Ethical excellence in supervisory practice
- Reflective frameworks in supervision
- Neuroscience and brain friendly supervision



3 Day Intermediate Modules:

- Reflection in focus
- Understanding the context of supervision
- Amovita's suite of supervision and coaching models
- Exploring leadership capability in supervision
- Developing a professional framework
- Ethical excellence in supervisory practice
- Neuroscience and brain friendly supervision
- Understanding feedback, conflict, mediation and communication in supervision

Learning Outcomes:

- Understanding the linkage between supervision, coaching, performance, annual reviews and the HR process
- Understanding the key skills required for effective supervision & observe a live supervision session

Suitable For:

Leaders, Managers, Supervisors, CEOs, Directors



Delivery Method & Investment

Face to Face - 2 Day	\$880
On-line - 2 Day	\$880
Face to Face - 3 days	\$1,250
On-line - 3 days	\$1,250

ESP: Excellence in Supervision & Leadership Practice (Advanced) PASE® Supervision Model

Continuing to develop and hone skills and knowledge as an experienced supervisor and leader is crucial for effective outcomes. This advanced supervision training has been designed specifically to support experienced supervisors and leaders with advanced skills and knowledge. This training reaches beyond the typical program to explore advanced level skills and knowledge.

This two-day (3 x 3.5hr on-line sessions) advanced training enhances participants existing skills, knowledge, and enhances capability in providing different types of supervision. Participants are required to critique their supervisory practice and observe others supervision practice using an evidence informed evaluation tool. Over the two days, participants will undertake supervision meetings and evaluate various aspects of theirs and other participant's supervisory practice. Participants explore challenges in their own supervision and implementation processes in the workplace.

Pre-requisites:

Prior to attending this training, it is a pre-requisite that participants will have attended a minimum of 2-days ESP-Excellence in Supervisory Practice. It is further recommended that if participants have attended a 2 day training longer than two years previously, they register to attend an Amovita supervision 2-day training as content and resources may have changed.

2 Day Training Modules:

- Maintaining current practices in supervision and leadership
- Develop an advanced understanding of Amovita's suite of supervision and coaching models
- Engage in experiential practice sessions to demonstrate key supervisory skills, knowledge and attributes
- Feel confident to facilitate Amovita's suite of professional supervision models and documents in supervision
- Observe in person LIVE supervision sessions to enhance your supervisory practice
- Understand how to facilitate supervision that remains effective
- Understand how to hone your technical skills, supervisory knowledge and competencies to provide effective supervision and coaching
- Supervisors evaluate their supervisor capability using evidence based tools
- Engage with the SCAI Supervision Capability Assessment Instrument for best practice

Suitable For:

Highly experienced supervisors, leaders, managers, CEOs and Directors



Delivery Method & Investment

Face to Face - 2 Days	\$950
On-line - 2 Days	\$950

Effective Supervision For Supervisees (Supervisee Training)

Have you ever wondered what makes supervision effective? Are you sure of how to ask your supervisor or leaders for what you need? Does your supervisor evaluate the effectiveness of the supervision you receive? Not knowing what to expect in supervision or understand how to get the best out of your supervision can be challenging. It is important to recognise what professional supervision is about, what to expect from the process and the role and responsibility of your supervisor.

This 1-day training provides supervisees with an overview of different types of supervision, how to communicate with your supervisor to ensure it achieves key outcomes. This training provides important information for supervisees about making the most from the supervision process and meetings.

We explore the process and context of supervision, and how to prepare a useful agenda. We discuss how to provide feedback to your supervisor and show you a framework for having open conversations.

This training has been developed to support new and experienced supervisees who may be new to supervision.

1 Day Training Modules:

- Understanding the purpose and benefits of supervision
- How to ensure supervision is effective
- How to communicate what you need in supervision
- Setting the perfect supervision agenda
- Using the PASE® model to focus discussions in supervision

Learning Outcomes:

- Understand the contexts in which supervision and coaching takes place
- Understand how to ensure your supervision is effective
- Explore the importance of developing a professional framework in your role
- Explore the range of supervision documents required for successful outcomes in supervision
- How to set an effective agenda
- Using a supervision model to focus discussions
- How to provide feedback to your supervisor/line manager and maintain a positive professional relationship
- Explore how to ask for what you need in supervision

Suitable For:

Staff, new and experienced supervisees



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Leadership Masterclasses

These masterclasses bring leaders together from different organisations and businesses to share their experiences and knowledge about leadership. Discussions explore how to lead and manage staff using the latest evidence-based skills and knowledge; and how to implement successful leadership strategies to achieve key results. Masterclasses are a highly effective way of sharing knowledge and seek views from other leaders, tapping into their skills and wisdom.

Our dynamic and interactive masterclasses provide a space for leaders to come together to discuss key issues, challenges, successes and topics to support their role. Maximum number of participants in each masterclass will be six (6). Masterclasses will run six (6) weekly and groups will be facilitated via Zoom or Teams (on-line platform).

Masterclasses also include guest speakers from a range of organisation and business areas showcasing their success in leadership. They share their latest insights for effective leadership.

Group participants will also provide their own topics for discussion in each Masterclass. It is a forum for leaders to support and encourage each other on a regular basis and provides peer group learning and positive experiences.

This is a unique opportunity for leaders to not only share their leadership experiences, but also to network and form collegial relationships where information can be shared in between masterclasses.

Facilitators:

Masterclasses are facilitated by members of the Amovita executive team.

Suitable For:

Leaders, Program Managers, Business Owners, Directors, CEO's, Executives.



Delivery Method & Investment

Please email for information and costings.

ESP: Excellence in Supervising Volunteers VASE® Supervision Model

Volunteers are a great asset to any organisation or business bringing extensive life and work experience. Many organisations use volunteers on a regular basis to supplement their paid workforce as it is a cost-effective way to increase the workforce.

While these staff undertake their role in a voluntary capacity, they are still para-professionals, required to work within organisational policies and procedures. Therefore, it is important that volunteers are provided with individual or group supervision to ensure they meet the requirements of the role, feel valued and supported and understand the boundaries of their role.

This 1 and 2-day training program has been specifically designed for new and experienced supervisors and managers who are supervising and managing volunteers. We explore how to engage volunteers in supervision, how to prepare them for supervision meetings and how to use a supervision model to ensure discussions remains effective.

1 Day Training Modules:

- Understanding the purpose and benefits of supervision
- How to ensure supervision is effective
- Setting the perfect supervision agenda
- How to evaluate supervision

2 Day Training Modules:

- Understanding the purpose and benefits of supervision
- How to ensure supervision is effective
- Setting the perfect supervision agenda
- How to evaluate your supervision is effective
- Using the VASE® Model in supervision
- Professional boundaries in the volunteer role
- Maintaining a positive supervisory relationship
- Differences between line management and professional supervision
- Resolving dilemmas in supervision
- Understanding different types of supervision
- How to provide individual or group supervision

Learning Outcomes:

- Understand the contexts of supervising volunteers
- Explore Amovita's VASE® supervision model
- How to ensure supervision is effective
- The role of volunteers as para-professionals
- Coaching and mentoring volunteers in supervision
- Understanding the ethical and industrial nature of supervising volunteers
- Providing useful feedback to support volunteers in their role

Suitable for:

Managers and Volunteer Supervisors



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Supervising Administration & Operational Staff FASE® Supervision Model

Administration and operational staff are most often the first contact for clients and staff in all workplaces. They are often the roles in organisations who do not receive professional supervision despite the important role they play.

This 1 and 2-day training is a unique opportunity for supervisors to develop and hone their supervisory skills, understand the context in which it is provided and how to provide supervision with confidence. We explore the process and structure of effective supervision and how to provide focused supervision discussions using the FASE® supervision model.

We look at the importance of reflection and stopping in the supervision discussion to explore, analyse and critique aspects of staff performing their roles to a high standard. We discuss how to evaluate supervision so that it is effective and meets the supervisees needs. Participants are also provided with a range of tools and frameworks to use in their supervisory role. The training is offered as a 1 and 2-day training program.

1 Day Training Modules:

- The supervision context in the workplace
- Purpose and benefits of supervision
- How to provide effective supervision
- Establishing a positive supervisory relationship
- How to set a dynamic agenda for meetings
- Setting up the supervision structure
- Explore the different types of supervision

2 Day Training Modules:

- The supervision context in the workplace
- Purpose and benefits of supervision
- How to provide effective supervision
- Establishing a positive supervisory relationship
- How to set a dynamic agenda for meetings
- How to ensure your organisation values supervision
- Explore the different types of supervision
- Difference between operational and professional supervision

- How to use the FASE® supervision model effectively
- Providing quality feedback using the supervision model

Learning Outcomes:

- The context of supervision in an administrative and operational environment
- Explore the benefits and purpose of supervision
- Setting an effective agenda
- Ensuring supervision outcomes are achieved
- Understand the different types of supervision
- Learn how to set up an effective supervisory relationship
- Understand the difference between operational and professional supervision
- Know the different types of feedback

Suitable For:

Managers, Supervisors, Leaders, CEOs, Directors



Method & Investment:

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

Refreshing Your Supervision & Leadership Practice PASE® Supervision Model

Providing effective and quality supervision takes specific skills, knowledge and attributes. If supervision is not maintained and valued over time, it cycles in task and process. Supervision discussions promote well-being and reduce stress and fatigue in the workplace.

This 1-day refresher forum has been designed for those who have previously attended any of our PASE® training programs and would like to refresh their skills and knowledge on the PASE® model and supervision framework. The aim of this forum is to reinvigorate passion and commitment for supervision and coaching. It is a dynamic and interactive forum where participants share their experiences from the previous training attended, what has been challenging in implementing the PASE® model, and they are using the model and framework in their roles.

Pre-requisite:

Prior to attending this training it is a pre-requisite that participants will have attended a previous ESP-Excellence in Supervisory Practice 2-day training.

It is further recommended that if participants have attended a 2-day training longer than two years previously, that they register to attend an Amovita supervision 2 day training as content and resources may have changed.

1 Day Training Forum:

- Refresh knowledge about the PASE® model
- Why the PASE® model is important for effective supervision and leadership outcomes
- Reinvigorate all aspects of supervision
- Re-enthuse staff about supervisions
- Explore updated and new resources and tools for supervision
- How to ensure supervision remains effective



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

Learning Outcomes:

- Refresh existing supervision skills and knowledge
- Refresh how supervision is provided
- Update supervision documents and frameworks
- Refresh how to ensure supervision is effective

Suitable For:

Leaders and supervisors who have previously attended a minimum of 2-days supervision training with Amovita

Yarn Up Time The CASE® Supervision Model (Cultural Supervision)

Providing supervision for Aboriginal and Torres Strait Islander staff that incorporates cultural considerations requires specific language, and an appreciation of culture and community. When cultural supervision is provided in mainstream organisations, the cultural aspects of supervision may not be incorporated such as yarning, dadirri and relevant documentation.

To support cultural yarning in supervision, Amovita has developed a culturally specific Yarn Up Time (CASE®) supervision model to support Aboriginal and Torres Strait Islander staff in cultural and mainstream organisations. We have worked extensively with various Aboriginal and Torres Strait Islander staff and leaders in the development of our model and training program. As a result, this 2-day training has been developed into four conversation areas. We explore our CASE® Yarn Up Time supervision model and how to provide appropriate cultural supervision.

This training explores how to use the Yarn Up Time model in cross cultural supervision and how to work with Aboriginal and Torres Strait Islander staff in Yarn Up Time supervision in a culturally respectful way. We discuss how to engage cultural protocols and the process of yarning as crucial to the supervision conversation. We discuss the nature of cultural supervision and the process of cultural infusion particularly in a mainstream setting.

Pre-requisite:

Prior to attending this training it is a pre-requisite that participants will have attended a previous ESP-Excellence in Supervisory Practice PASE® 2 day training within the last 2 years. It is also a pre-requisite to have read the article on Yarn Up Time Supervision (Harris & O'Donoghue, 2019).

Training Modules:

- Conversation 1: Understanding the nature of Yarn Up Time in Supervision
- Conversation 2: Overviewing the Context of Culture in Yarn Up Time
- Conversation 3: Cultural Infusion and its Relationship to Yarn Up Time
- Conversation 4: Understanding Yarn Up Time through the CASE® Yarn Up Time Model

The Facilitator:

This training is facilitated by James Alley and Tracey Harris. James is an experienced Cultural Advisor with extensive expertise in business and cultural community development. He has worked in and with community to deliver strong stakeholder engagement strategies through empowerment processes. With strong public sector experience spanning over 20 years, James has worked in the Federal and State Government arena and in the private and corporate sector.

Suitable For:

This training is recommended for Aboriginal and Torres Strait Islander leaders and non-Indigenous managers and leaders providing supervision in a cultural setting. This training is highly recommended for all managers, leaders, HR professionals, cultural supervisors and advisors.



Delivery Method & Investment

Face to Face - 1 Day	\$550
On-line - 1 Day	\$550
Face to Face - 2 Day	\$950
On-line - 2 Day	\$950

ESP: Excellence in Supervising IT & Design Professionals TASE® Supervision Model

This 1 and 2-day training focuses on providing supervision and leadership for professionals in IT, software design and developer roles. The training features the TASE® evidence-informed model to guide and focus discussions.

In this training, managers and leaders learn how to provide both line management and professional supervision and coaching for these roles. We focus on the purpose and benefits of supervision, and explore the process and structure of supervision. Participants explore relevant documents to include in supervision and we touch on the ethical and industrial processes related to supervision.

We explore the TASE® supervision model to ensure supervision and leadership discussions are effective including how to use the model to set up the process, design an effective agenda and how to evaluate the effectiveness of supervision and line management.

This training is interesting and informative. It provides the necessary documents for supervisors and leaders to use in supervision. This training provides the only supervision coaching model in Australia for IT, software design and developer roles.

1 Day Training Modules:

- Understand the context in which supervision takes place
- Understanding the TASE® supervision model
- Explore the benefits and purpose of supervision

2 Day Training Modules:

- All modules from the 1 day training plus:
- The art of feedback in supervision
- Using reflection to maintain wellness in the workplace
- Relevant documents for effective supervision
- The ethical and industrial process of supervision

Learning Outcomes:

- Understand the context in which supervision takes place.
- How to use the TASE® supervision model
- Observe a LIVE supervision conversation using the TASE® model
- Explore the range of supervision documents required for successful outcomes
- Understand how to develop and facilitate supervision that remains effective
- Understand differences between line management and professional supervision
- How to set up the supervision process and framework

Suitable For:

Leaders & Managers, Program Managers, Team Leaders



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

LASE® Leadership Forum

Executive leadership supervision is viewed as one of the fundamental elements to maintaining high leadership standards and performance in the workplace. Engaging in executive supervision with an experienced supervisor on a regular basis supports leaders, Directors and CEOs to review, reflect and assess their individual and organisational performance.

In this 1-day leadership forum, participants explore the LASE® Business Acumen model for developing the organisations strategy, providing leadership and supervision. The forum is an interactive discussion about how the organisation has implemented quality supervision across the whole organisation incorporating Amovita's range of models. We explore how the organisation is evaluating supervision outcomes and working to support WHS changes.

We discuss how to refresh supervision to make it dynamic and valuable, meet organisational outcomes and discuss current challenges.

Learning Outcomes:

- Understand the critical role that executive and professional supervision has in the workplace
- Understand how previous experiences of supervision & coaching can affect the executive supervisors style
- Learn key frameworks that contribute to effective leadership supervision.
- Learn how to develop and implement an integrated framework of executive supervision
- Understand the contexts in which executive and professional supervision takes place
- Understand how to provide critical feedback for effective outcomes in executive supervision
- Understand key technical and professional skills, knowledge and attributes required to provide effective executive supervision
- Understand best practice in leadership supervision evaluation methods
- Learn how to use the LASE® model in supervision and workplace contexts
- Learn how to set the supervision agenda using the LASE® model
- Explore the process of executive supervision to ensure it is effective.

Suitable For:

All Leaders, Supervisors, Managers, CEO's, Executives, Directors



Delivery Method & Investment

Face to Face - Half Day	\$300
Face to Face - 1 Day	\$880

ESP: Excellence in Supervising Corporate & Business Staff MASE® Supervision Model

Staff in project roles often work on complex pieces of work providing services to multiple teams across the workplace. Just like other roles, professional supervision is critical for staff to maintain their wellbeing and performance in the workplace.

This 1 and 2-day training has been developed for supervisors managing and supervising staff in project and coordination roles. The training is a unique opportunity for supervisors to explore how to set up an effective supervision framework and meeting agenda through the MASE® supervision model.

We explore the purpose and benefits of supervision and how to provide useful feedback and evaluation of staff roles. Participants are provided with a range of tools and frameworks to use in their supervisory role.

1 Day Training Modules:

- The purpose and benefits of supervision
- Establishing a positive supervisory relationship
- How to set a dynamic agenda for meetings
- How to ensure your organisation values supervision
- Explore the different types of supervision
- Setting up the process and structure of supervision
- Difference between operational and professional supervision

2 Day Training Modules:

- All modules from the 1 day training plus:
- Understanding the ethical and industrial environment in which supervision takes place
- How to use the MASE® supervision model effectively in supervision
- Observe workplace scenarios using the model

Learning Outcomes:

- Understand the supervision context
- Explore the benefits and purpose of supervision
- Setting an effective agenda
- Ensuring supervision outcomes are achieved
- Understand the different types of supervision
- Learn how to set up an effective supervisory relationship
- Understand the difference between operational and professional supervision
- How to effectively use the MASE® supervision model

Suitable For:

All supervisors, leaders and managers of project management, coordination and team leader roles in corporate or business units



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

Trauma Responsive Supervision

Supervision is the most effective method to support staff maintain their wellbeing in the workplace. Trauma responsive supervision provides a clear framework in which to support staff working with complex situations. It enhances resilience and reduces professional fatigue and burnout.

This training enables supervisors to explore how to provide supervision using trauma responsive principles. This 1-day training explores what it means to provide trauma informed supervision, that embodies the principles of choice, trust and collaboration. We discuss the importance of the hierarchy of values and beliefs and the parallel process around working with complexity.

The training overviews how organisations can positively influence factors that increase resilience indicators through the supervision process. We explore the prevalence of stress and adversity and take a deep dive into the epigenetics of energy through emotional, spiritual and vicarious processing. This informative training provides participants with insight and the reflective space to understand the interconnectedness between our wellbeing system and vicarious impacts in our work.

We take a look at the range of skills supervisors need to demonstrate trauma responsive supervision and how our three brains interpret language and communication in supervision discussions. Participants explore key resources and frameworks useful to use in supervision.

1 Day Training Modules:

- What is trauma responsive supervision?
- The principles of trauma responsive supervision
- Developing a strategy for trauma responsive supervision
- Understanding the parallel process in complex situations
- The impact of biases, self talk and beliefs
- The epigenetics of energy
- Adversity, resilience and vulnerability

Learning Outcomes:

- Understand how to provide trauma responsive supervision
- How epigenetics inform supervision
- Understand how biases and self talk influence supervision outcomes
- Explore the impact of parallel processing
- Understand the impacts of trauma on the brain
- Neurocare in supervision

Suitable For:

Managers, Supervisors, Leaders, Directors, Business Owners, Coordinators, Team Leaders.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480

ESP: Excellence in Veterinary Supervision Practice PETS® Supervision Model

Veterinary practices and hospitals employ professionals to provide animal assisted and species-spanning therapy and case management. Staff at the front line are crucial in providing counselling and support to clients and families as their pets receive treatment or navigate the grief process.

Providing effective supervision is a way of providing adequate support. In this training, participants are introduced to our PETS® supervision model to set a quality agenda, understand the purpose and benefits of supervision and evaluate outcomes. Using this model also enables professionals to feel supported and valued in the important work they do.

This 2-day training has been developed for Veterinary Practice Owners or Managers to provide quality supervision. We explore how to provide supervision, set up the supervision environment and provide adequate support and mentoring to staff. The training is a unique opportunity for supervisors to develop and hone their supervisory and leadership skills, understand the context in which supervision is delivered and how to provide supervision with confidence. We explore how to evaluate supervision so that it is effective and meets the professional's needs. Participants are also provided with a range of tools and frameworks to use in their supervisory role.

1 Day Training Modules:

- How to provide supervision in a veterinary context
- Understand the purpose and benefit of supervision
- How to provide effective supervision
- Setting a dynamic supervision agenda
- Explore the different types of supervision
- How to set up a positive supervisory relationship
- Difference between operational and professional supervision

2 Day Training Modules:

- All modules from the 1-day training plus:
- How to use the PETS® supervision model
- Observe workplace scenarios using the supervision model
- Explore how to evaluate supervision

Learning Outcomes:

- Explore the benefits and purpose of supervision in a Veterinary Practice or Hospital
- Setting an effective agenda
- Ensuring supervision outcomes are achieved
- Understand different types of supervision
- Learn how to set up an effective supervisory relationship
- Understand the difference between operational and professional supervision
- How to effectively use the PETS® supervision model

Suitable For:

Veterinary Clinic or Practice Managers, Owners and Leaders



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Leading Legal Professionals LAWE® Supervision Model

Staff who work in legal practices and law firms provide legal services in many areas including family law, criminal or litigation. It is important for staff and leaders to engage in formal and coaching to ensure they reflect on their work, feel supported and continually develop. Our LAWE® supervision and coaching model assists lawyers to understand how to provide line management and professional coaching to staff.

This 1-day training has been developed for lawyers and legal professionals to understand how to lead and supervise legal teams. We explore how to provide supervision and coaching, respond to ethical issues through the supervision and coaching process, set up the supervision environment and provide adequate support and mentoring. The training is a unique opportunity for supervisors to develop and hone their supervisory and leadership skills, understand the context in which supervision and coaching is delivered and how to lead legal staff with confidence.

Participants are also provided with a range of tools and frameworks to use in their supervisory role.

1 Day Training Modules:

- How to provide supervision in a legal firm
- The purpose and benefit of supervision
- How to provide supervision that is effective
- Establishing the right supervisory relationship
- How to set a dynamic agenda
- The industrial and ethical aspects of supervision
- Different types of supervision
- Difference between operational and professional supervision
- How to use the LAWE® supervision model

Learning Outcomes:

- Understanding the context of supervisions
- Explore the benefits and purpose of supervision in a Legal Firm
- Setting an effective agenda
- Ensuring supervision outcomes are achieved
- Understand the different types of supervision
- Learn how to set up an effective supervisory relationship
- Understand the difference between operational and professional supervision
- How to effectively use the LAWE® supervision model

Suitable For:

Lawyers, Leaders and Managers in a Legal Practice, Barristers, Business Owners



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Cross Cultural Supervision CALD® Supervision Model

Staff from multicultural communities and backgrounds work in diverse program areas. They provide essential services and programs in many communities and make a difference in the lives of individual clients and families. Maintaining their work practices requires good supervision and support.

We have developed a CALD® supervision model to specifically support staff from diverse cultures and communities. This 1 and 2-day training provides supervisors with a well structured and flexible model in which to support staff to maintain their professional roles.

We explore the purpose and benefits of cross cultural supervision and discuss the importance of having a well defined framework to meet staff needs. We discuss the cross cultural aspects of supervision and explore how to use the CALD® supervision model to evaluate effective outcomes. We discuss how to use the model for feedback, to provide cultural needs and assist staff to work within their cultural norms in a mainstream and cross cultural context.

This training is interactive and dynamic. It is a must for all cross cultural leaders and supervisors working in CALD® contexts.

1 Day Training Modules:

- Understand the purpose and benefit of cross cultural supervision
- Types of cross cultural supervision
- How to provide effective cross cultural supervision
- Establishing a positive supervisory relationship
- How to set a dynamic agenda
- How to ensure your organisation values supervision

2 Day Training Modules:

- All modules from the 1 day training plus:
- The industrial and ethical aspects of cross cultural supervision
- How to set up a positive supervisory relationship
- Difference between operational and cross cultural supervision
- How to use the CALD® supervision model

Learning Outcomes:

- Understand the cross cultural supervision setting
- Explore the benefits and purpose of supervision in CALD® organisations
- Setting an effective agenda
- Ensuring supervision outcomes are achieved
- Understand the different types of cross cultural supervision
- Learn how to set up an effective supervisory relationship
- Understand the difference between operational and cultural professional supervision
- How to effectively use the CALD® supervision model

Suitable For:

Leaders, Manager, HR professionals, Team Leaders, Program Managers in cross cultural programs and organisations



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Supervising Speech Pathologists

POST® Supervision Model

The importance of providing professional and clinical supervision to the allied health profession continues to grow. Our range of supervision training in this area extends to the importance of supervision for Speech Pathologists.

Our 1 and 2-day training explores the contexts in which professional and clinical supervision takes place for Speech Pathologists. In this training, we explore how to support professionals develop and maintain a professional excellence framework to reflect on their role. The training covers how to set up the process and structure of supervision, understand the ethical and industrial setting in which supervision takes place and explores the range of supervision skills required to maintain effective supervision. We explore the range of documents required for supervision and how to evaluate supervision using the POST® supervision model.

Supervisors and leaders learn the importance of having a supervision model and we ensure leaders and supervisors feel confident in using the model across all aspects of supervision. Participants explore how to set up a professional supervisory relationship and a framework for effective feedback.

This training is crucial for all experienced supervisors and leaders providing supervision for Speech Pathologists.

1 Day Training Modules:

- Understanding the context of supervision
- Setting up the structure and process of supervision
- Understanding the supervisory relationship
- Setting up the process and structure of supervision
- Different types of supervision

2 Day Training Modules:

- All 1 day modules plus:
- Using the POST® supervision model
- Developing a professional framework
- Ethical excellence in supervisory practice
- Reflective frameworks in supervision
- Neurocare and supervision

- Understanding feedback and resolving challenges in supervision
- How to evaluate supervision to remain effective
- Observe work-based scenarios using the supervision model

Learning Outcomes:

- Explore the context in which supervision takes place
- Understand different types of conversations using the POST® supervision model
- Understand how to evaluate supervision to remain effective
- Understand the documents required to provide quality supervision
- Understanding the supervisory role
- Enhancing supervision capabilities using the POST® model

Suitable For:

Experienced Supervisors, Leaders, Directors, Professional and Clinical Supervisors.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Supervision Practice PEER® Supervision Model

Peer workers play an important part in organisations to support clients and service users move through challenges in their lives. Given the work they do, it is critical that peer staff are provided with professional supervision to minimise the risk of professional fatigue and burnout.

This 1 and 2-day training provides supervisors and line managers with quality training on all aspects of providing supervision and coaching for peer staff.

We explore the setting in which peer supervision takes place and how to set up the process and structure to provide effective supervision for peer workers. We discuss the key documents for peer supervision and how to provide useful feedback in the role.

The training overviews the PEER® supervision model and how to structure supervision to meet peer worker needs. We provide a live demonstration of how to use the model in different contexts of the line manager and professional supervisor role. We discuss the ethical and industrial setting in which managing and supervising staff occurs.

1 Day Training Modules:

- Understanding the context of supervision
- Setting up the structure and process of supervision
- Understanding the supervisory relationship
- Setting up the process and structure of supervision
- Different types of supervision

2 Day Training Modules:

- All 1 day modules plus:
- Using the PEER® supervision model
- Developing a professional framework
- Ethical excellence in supervisory practice
- Reflective frameworks in supervision
- Neurocare and supervision
- Understanding feedback and resolving challenges in supervision
- How to evaluate supervision to remain effective
- Observe work-based scenarios using the supervision model
- Understanding trauma responsive supervision

Learning Outcomes:

- Explore the context in which supervision takes place
- Discuss the benefits of using Australia's leading PEER® supervision model
- Understand different types of conversations using the PEER® supervision model
- Understand how to evaluate supervision to remain effective
- Understand the documents required to provide quality supervision
- Understanding the supervisory role
- Enhancing supervision capabilities using the PEER® model

Suitable For:

Experienced Supervisors, Leaders, Directors, Team Leaders, Coordinators, Program Managers.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

Excellence in Board Leadership BASE® Executive Leadership Model

Board Directorship and Managing Committee Governance requires specific capabilities. Having an evidence based model to guide discussions and evaluate Board and Committee outcomes ensures all members are cognisant of their legal and professional responsibilities. This BASE® Executive Leadership Model sets the scene for high level Board and Management Committee Leadership and supports Members to remain focused in their roles.

This 2 day training has been developed specifically for Board Directors and Management Committee Chairs and Members. In this training we explore the context of leading board and committee leadership across the organisation using the BASE® leadership model. We discuss using the model to provide leadership coaching and supervision to the CEO and how the CEO develops their framework to lead the organisation.

The training explores leading organisations using neuroscience principles and how to set up supervision and coaching both at the Board or Committee level and with the CEO of the organisation.

We reflect on having necessary documents in place and how to use the BASE® leadership model to have effective discussions, provide feedback and maintain the Committee's and CEO's performance.

2 Day Training Modules:

- The context of leadership and governance
- Using the BASE® model for feedback, annual review, and organisational performance
- Know how to maintain effective supervision and performance at the Board/Committee level
- Structuring Board/Committee meetings using the BASE® model
- How to develop the Board/CEO relationship
- Supporting the CEO to maintain wellbeing in the workplace
- Understanding executive relationships

Learning Outcomes:

- Explore the context in which coaching CEOs take place
- Discuss the benefits of using Australia's leading executive model for Board/Committee performance
- Understand how to have different types of conversations using the BASE® model
- Understand how to evaluate Board/Committee relationships
- Understand the documents required to provide quality CEO coaching
- Understand the Chair or President role in supervision and coaching CEOs
- Reflect on and enhance leadership capabilities using the model

Suitable For:

Board Directors, Presidents, Chairs, Management Committee Chairs, Executive Members.



Delivery Method & Investment

Face to Face - 1 Day	\$550
On-line - 1 Day	\$550
Face to Face - 2 Day	\$950
On-line - 2 Day	\$950

ESP: Excellence in Supervising Early Learning Professionals PASP® Supervision Model

Professionals working in early learning, child care, long term day care centres, community kindergartens and after school care provide essential services for families in our communities. They are dedicated to the welfare and care of our children in their early years of which is crucial in childhood development and attachments that inform adulthood. The demands of these roles often result in staff not engaging in professional supervision and coaching.

It is essential these staff and leaders engage in group or individual supervision and coaching. Amovita has provided professional services in this part of the childcare industry for over fifteen years and have developed training and a supervision model for these staff and leaders.

Our 1 and 2 day training leads the industry in the provision of supervision and support in the early learning years industry. Supervisors can attend a 1 or 2 day training on the essentials of providing leadership and supervision in their work. We also provide a 1 day training for staff about how to ensure supervision is effective.

In this training, we explore the setting in which supervision is effective and how to set up a productive structure and framework for success. The training covers the industrial nature of supervision and how to evaluate to maintain key outcomes. We discuss and provide the necessary documents for supervision and how to set an agenda that meets the person's needs. This training is dynamic and interesting and provides all the necessary information for successful supervision.

1 Day Training Modules:

- The setting in which supervision takes place
- Setting up the supervision structure and process
- How to set an effective supervision agenda
- Implementing the right documents for supervision

2 Day Training Modules:

- Modules discussed in the 1 Day plus:
- The industrial and ethical context of supervision
- Using the PASP® supervision model for effective outcomes
- Know how to evaluate & maintain effective supervision
- Developing a wellbeing framework for supervision
- Understanding supervisory relationships
- Observe workplace scenarios using the model

Learning Outcomes:

- Explore the contexts in which supervision takes place
- Understand how to have different types of conversations using the PASP® supervision model
- Understand how to evaluate supervision to remain effective
- Understand the documents required to provide quality supervision
- Understand the Director's role in supervision and coaching staff
- Reflect on and enhance supervision capabilities using the model

Suitable For:

Supervisors, Leaders, Directors, Staff



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

61

ESP: Excellence in Supervising & Leading Finance & Accounting Professionals FOSE® Supervision Model

Financial and accounting roles play an important role in the workplace. While these professionals receive line management support focusing on meeting the requirements of the role, these roles also require professional supervision and coaching.

This 1 and 2-day training provides supervisors and managers with an overview of how to provide effective line management and professional supervision and coaching. We explore the purpose and benefits of supervision and documents that support the supervision process.

We demonstrate how the FOSE® supervision and leadership model assists to set an effective agenda for meetings, the process and structure of supervision and how to provide and receive effective feedback.

The training explores how supervision and line management fits within an ethical and industrial setting and how to maintain healthy professional relationships in the workplace.

We also provide 1 day training for staff to understand how to use supervision effectively using the FOSE® supervision model for quality supervision. This training ensures that staff and supervisors understand the importance of supervision to maintain high performance outcomes.

1 Day Training Modules:

- The settings in which supervision takes place
- Setting up the supervision structure and process
- Exploring the right documents for supervision

2 Day Training Modules:

- All topics from the 1 day training plus:
- Evaluating supervision for its effectiveness
- The industrial and ethical context of supervision
- Using the FOSE® supervision model for effective outcomes
- Know how to maintain effective supervision
- Supporting staff to maintain wellbeing in the workplace
- Understanding supervisory relationships
- Observe workplace scenarios using the model

Learning Outcomes:

- Explore the contexts in which supervision takes place
- Discuss the benefits of using Australia's leading supervision model for financial & accounting staff
- Understand how to have different types of conversations using the FOSE® supervision model
- Understand how to evaluate supervision to remain effective
- Understand the documents required to provide quality supervision
- Explore the difference between line management and professional supervision
- Reflect on and enhance supervision capabilities using the model

Suitable For:

Finance Managers, Supervisors, Leaders, Directors, CEOs



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

62

ESP: Excellence in Pastoral Supervision POSE® Supervision Model

Pastoral supervision is fundamental to maintaining professional and personal standards and practices in all faith based roles. It influences development of a spiritual framework, maintaining church and or organisational requirements as well as reducing the risks around professional and personal fatigue and burnout.

Pastoral supervision provides time out with a qualified professional to discuss professional and personal aspects of the role. Supervision assists to draw the links between theology and spiritual practice and supports and guides pastors, clergy, chaplains and ministers in the inter-professional dynamics of the role. It upholds professional and personal identity as a key pillar to spiritual practice.

It enhances an understanding of one's sense of self and vision in the role, considering the use of vision, prayer, devotion and theology in the personal and professional setting.

This 2-day training provides an understanding of how pastoral supervision enhances spiritual practice. It discusses the settings in which pastoral supervision takes place and provides an overview of the structure and framework to provide and receive effective pastoral supervision. We explore the array of documents to use in supervision, how to set up an well defined process and how to evaluate if supervision is effective. The training provides professionals with an overview of the POSE® supervision model and how to use it to enhance supervision discussions.

This training presents the only pastoral supervision model globally to provide quality supervision for clergy, ministers, pastors, chaplains and any person working in a faith based role.

2 Day Training Modules:

- Understand the context in which faith based supervision takes place
- Develop a spiritual framework in ministry work
- Ethical and moral aspects of professional work
- Understand the POSE® supervision model for faith based work
- Understand the key skills, knowledge and attributes to provide POSE® supervision
- Engage key documents in faith based supervision
- Understand spiritual and professional aspects to supervision

Learning Outcomes:

- Explore the context in which pastoral supervision takes place
- Discuss the benefits of using Australia's leading supervision model in pastoral supervision
- Understand how to have different types of conversations using the POSE® supervision model
- Understand how to evaluate supervision to remain effective
- Understand the documents required to provide quality supervision
- Reflect on and enhance supervision capabilities using the model

Suitable For:

Supervisors, Leaders, Pastors, Ministers, Clergy Leaders, Chaplains, Managers, Executives.



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Student Supervision GASE® Supervision Model

Student placements are an important part of any course or university program. They ensure students have a facilitated learning environment in which to transfer learning from the course into the role. An important part of any placement is participating in student supervision.

Student supervision requires clear structures and frameworks including the use of an evidence informed supervision model. Our GASE® supervision model has been specifically developed for having students and interns on placement.

Amovita's 1 and 2 day GASE® supervision training explores the contexts in which student placements and supervision takes place. We explore the supervisor and students role on placement and how to ensure supervision remains effective. Participants explore the role of the field educator and liaison during the placement process.

We explore how to set an effective supervision agenda, using the model in different types of conversations, enabling students to effectively raise concerns and meet placement requirements. The training also discusses how to evaluate supervision discussions to ensure they are focused and achieve key outcomes required in the student's course.

Participants receive all the necessary documents required for providing supervision. This training is interactive and practical where participants share information and knowledge of their experiences in being a supervisor and learn new skills in providing a valuable facilitated learning environment for students.

The GASE® supervision model is the leading supervision model internationally on student placements. It is tailored to what students need on placement and empowers them to self lead in the placement process through the use of the model. This training is a must for all supervisors and leaders, university lecturers field education staff.

1 & 2 Day Training Modules:

- The context of student supervision
- Setting up effective supervision
- Supervision documentation
- Using the GASE® supervision model
- Managing the reporting process from supervision

- Explore supervision capability in providing supervision
- Evaluating student supervision for positive outcomes

Learning Outcomes:

- Explore the context in which student placements and supervision takes place
- Understand different types of conversations using the GASE® supervision model
- Understand how to evaluate supervision to remain effective
- Learn how to integrate student placement requirements using the GASE® model
- Understand how to structure a placement program for success
- Learn new supervisory skills and knowledge through the GASE® model
- Reflect on and enhance your supervision capabilities using the model

Suitable For:

Supervisors, Leaders, Lecturers, Field Education Staff, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Supervising Radiation Therapists & Radiographers RADS® Supervision Model

Radiation Therapists and Radiographers undertake a critical role in the health care system, often without regular professional or clinical supervision. Our RADS® supervision model is a leading model that enables supervisors and leaders to provide effective supervision.

Amovita's 1 and 2 day RADS® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The RADS® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision to radiation therapists and radiographers.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the RADS® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes

- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the RADS® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the RADS® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model
- Learn how to enhance radiation therapists practice using supervision

Suitable For:

Supervisors, Leaders, Unit Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

65

ESP: Excellence in Physiotherapy Supervision CORE® Supervision Model

Whether working in private practices, public and private hospitals, community health centres, residential aged care facilities or sports organisations, physiotherapists provide crucial services in the health care system. Our CORE® supervision model is a leading model that enables supervisors and leaders to provide effective supervision to physiotherapy professionals.

Amovita's 1 and 2 day CORE® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The CORE® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision to physiotherapists.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the CORE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision

- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the CORE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the CORE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the CORE® supervision mode

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

66

ESP: Excellence in Supervising Cardiac Physiologists COSE® Supervision Model

Cardiac Physiologists undertake a critical role in the health care system, often without regular professional or clinical supervision. Our COSE® supervision model is a leading model that enables supervisors and leaders to provide effective supervision to cardiac physiology professionals.

Amovita's 1 and 2 day COSE® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The COSE® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the COSE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes

- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the COSE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the COSE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

67

ESP: Excellence in Dietetics/Nutritionist Supervision DASE® Supervision Model

By promoting preventative health care, managing medical conditions, supporting recovery and providing public health education, dietitians and nutritionists support many individuals and communities. The DASE® supervision model is a cutting-edge model designed to help supervisors and leaders deliver effective, high-quality supervision to professionals in dietetics and nutritionist roles.

Amovita's 1 and 2 day DASE® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The DASE® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the DASE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision

- Observe different workplace scenarios using the model

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the DASE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the DASE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

68

ESP: Excellence in Supervising Medical Scientists MEDS® Supervision Model

Medical Scientists provide essential services in the allied health care system, often practicing without regular professional or clinical supervision. Our MEDS® supervision model is a leading model that enables supervisors and leaders to provide effective supervision.

Amovita's 1 and 2 day MEDS® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The MEDS® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the MEDS® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision

- Observe different workplace scenarios using the model

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the MEDS® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the MEDS® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Nursing Supervision NASE® Supervision Model

Supervision is crucial for nursing professionals because it ensures quality care, supports professional development, and promotes patient safety. Our NASE® supervision model is a leading model that enables supervisors and leaders to provide effective supervision.

Amovita's 1 and 2 day NASE® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The NASE® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the NASE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the NASE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the NASE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers, Nursing Directors



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Oral Health/Dentistry Supervision OARE® Supervision Model

Supervision is essential for dentists and oral health professionals to maintain high standards of care, ensure safety, and foster professional development. Our OARE® supervision model is a leading model that enables supervisors and leaders to provide effective supervision for dentists and oral health professionals.

Amovita's 1 and 2 day OARE® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The OARE® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the OARE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision

- Observe different workplace scenarios using the model

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the OARE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the OARE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

71

ESP: Excellence in Occupational Therapy Supervision PARE® Supervision Model

Occupational therapists play an important role in the health care system. Supervision is vital for occupational therapists as it ensures the delivery of effective, ethical, and person-centered care while fostering professional growth. Our PARE® supervision model is a leading model that enables supervisors and leaders to provide effective supervision for occupational therapy professionals

Amovita's 1 and 2 day PARE® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The PARE® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision to occupational therapists.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the PARE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes

- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the PARE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the PARE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

72

ESP: Excellence in Supervising Psychologists PASE® Supervision Model

Psychologists are a crucial part of the clinical and health care system and are required to have clinical and professional supervision. Our PASE® supervision model is a leading model that enables supervisors and leaders to provide effective supervision.

Amovita's 1 and 2 day PASE® supervision training explores the contexts in which professional and clinical supervision takes place in psychology. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The PASE® supervision model is the leading supervision model internationally. It is designed to provide psychology supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the PASE® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the PASE® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the PASE® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Psychology Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Excellence in Podiatry Supervision PODS® Supervision Model

Supervision is essential for podiatrists as it promotes high-quality care, supports professional development, and ensures safe and ethical practice. Our PODS® supervision model is a leading model that enables supervisors and leaders to provide effective supervision to podiatry professionals.

Amovita's 1 and 2 day PODS® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The PODS® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision to podiatrists.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the PODS® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the PODS® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the PODS® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Supervision Excellence for Auxiliary Professionals EAST® Supervision Model

Auxiliary workers are essential to the daily operations and success of an organisation. The EAST® supervision model is designed to empower supervisors and leaders with the skills and confidence needed to provide high-quality supervision to professionals in these vital supporting roles.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the EAST® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional supervision takes place
- Understand how to set an effective agenda using the EAST® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the EAST® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Supervision Excellence in Law Enforcement

LAWS® Professional Model

The LAWS® model developed by Amovita International has been specifically designed for police leaders to understand the importance of focused discussions relating to the law enforcement/professional aspects of policing, administrative/operational requirements, support mechanisms through the use of neurocare language, and how they draw out knowledge that connects wellness to policing skills.

The model incorporates four domains of leadership capability with an inbuilt evaluation process to understand where conversations are focused, therefore encouraging police to better reflect on their sense of the professional role through their leader's range of capabilities.

Amovita's 1 and 2 day LAWS® supervision training explores the contexts in which professional supervision takes place. Participants discuss how to provide effective supervision, set up a clear structure, set a dynamic agenda and explore how to evaluate supervision so it remains effective.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the LAWS® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional supervision takes place
- Understand how to set an effective agenda using the LAWS® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the LAWS® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Supervision Excellence for Teachers TASP® Supervision Model

Teachers give so much of their time to the education of students yet often do not receive professional supervision. Our TASP® supervision model enables teaching supervisors and leaders to provide effective supervision.

Amovita's 1 and 2 day TASP® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The TASP® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders providing supervision to teaching professionals.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the TASP® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision
- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the TASP® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the TASP® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880

ESP: Supervision Excellence in Exercise Physiology - CORD® Supervision Model

Supervision is crucial for exercise physiology professionals to ensure safe, effective, and evidence-based interventions, while also supporting their professional growth and wellbeing in their roles. Our CORD® supervision model is a leading model that enables supervisors and leaders to provide effective supervision to exercise physiology professionals.

Amovita's 1 and 2 day CORD® supervision training explores the contexts in which professional and clinical supervision takes place. Participants discuss how to provide professional and clinical supervision, setting up a clear structure, setting an effective agenda and how to evaluate supervision so it remains effective.

We explore different types of conversations in supervision and the ethical and industrial setting in which supervision takes place. Participants receive key documents required in providing supervision including documenting supervision discussions. We focus on the intake process of supervision and the annual review process.

The CORD® supervision model is the leading supervision model internationally. It is designed to provide supervisors and leaders with the confidence for quality supervision. This training is a must for all supervisors and leaders, clinical supervisors and professionals providing supervision to exercise physiologists.

1 Training Modules:

- Understanding the context of supervision
- Setting up an effective supervision process and structure
- Putting supervision documents into place
- Setting up the supervision relationship

2 Training Modules:

- All 1 day training topics plus:
- Using the CORD® supervision model in discussions
- The industrial and ethical setting of supervision
- Explore supervision capability in providing supervision
- Evaluating supervision for positive outcomes
- Understand the range of supervision documents to maintain effective supervision

- Observe different workplace scenarios using the model
- How to evaluate supervision to be effective

Learning Outcomes:

- Explore the context in which professional and clinical supervision takes place
- Understand how to set an effective agenda using the CORD® supervision model
- Understand how to evaluate supervision for its effectiveness
- Learn new supervisory skills and knowledge through the CORD® supervision model
- Reflect on and enhance your supervision capabilities using the model
- Understand how to evaluate different aspects of supervision through the CORD® supervision model

Suitable For:

Supervisors, Leaders, Managers



Delivery Method & Investment

Face to Face - 1 Day	\$480
On-line - 1 Day	\$480
Face to Face - 2 Day	\$880
On-line - 2 Day	\$880



Contact Us

**BOOK YOUR
IN HOUSE OR PUBLIC TRAINING TODAY!**



0490 049 906



info@amovita.com.au



amovita.com